

SOURCE NATURALS®

VEGAN TRUE®

VEGAN FORCE™ MULTIPLE

ADVANCED ENERGY FORMULA
FOR VEGANS*

DIETARY SUPPLEMENT

60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Calories	5	
Vitamin A (as beta-carotene 10,000 IU & palmitate 2,500 IU)	12,500 IU	250%
Vitamin C (as ascorbic acid & ascorbyl palmitate)	500 mg	833%
Vitamin D-2 (as ergocalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K-1 (as phytonadione)	120 mcg	150%
Thiamin (vitamin B-1)	50 mg	3,333%
Riboflavin (vitamin B-2)	50 mg	2,941%
Niacinamide 35 mg & Niacin 15 mg	50 mg	250%
Vitamin B-6 (as pyridoxine HCl & pyridoxal-5'-phosphate [Coenzymated™])	50 mg	2,500%
Folate (as folic acid and calcium folinate)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	500 mcg	8,333%
Pantothenic Acid (as calcium D-pantothenate & pantethine)	55 mg	550%
Calcium (as calcium carbonate, malate, chelate, & citrate)	100 mg	10%
Iron (as Ferrochel® ferrous bis-glycinate chelate)	9 mg	50%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium chelate)	100 mg	25%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenomethionine & sodium selenite)	100 mcg	143%
Copper (as copper sebacate)	1 mg	50%
Manganese (as manganese citrate)	3 mg	150%
Chromium (as chromium polynicotinate [ChromelMate®] & chelate)	100 mcg	83%
Molybdenum (as molybdenum chelate)	100 mcg	133%
Sodium	5 mg	<1%
Potassium (as potassium citrate)	50 mg	1%
L-Cysteine HCl	100 mg	†

Green Tea Leaf Extract (95% polyphenols, 35% EGCG)	70 mg†	Natural trans-Resveratrol (from <i>Polygonum cuspidatum</i> root ext.)	20 mg†
gamma-Vitamin E Complex	67 mg†	Coenzyme Q10	20 mg†
Silymarin (from milk thistle seed extract)	60 mg†	Ginkgo Leaf Ext. (24% flavone glycosides & 6% terpene lactones)	20 mg†
Choline (as bitartrate)	50 mg†	Bilberry Fruit Extract (32% anthocyanosides)	5 mg†
Inositol	50 mg†	Rutin	5 mg†
alpha-Lipoic Acid & R-Lipoic Acid	40 mg†	Pepper Fruit Extract (BioPerine®)	3 mg†
DMAE (as bitartrate)	30 mg†	Lycopene	3 mg†
Grape Seed Ext. (Proanthodyn™)	30 mg†	Boron (as boron amino acid chelate)	2 mg†
Hawthorn Berry Extract	25 mg†	Lutein	2 mg†
Turmeric Rhizome	25 mg†		
Quercetin	25 mg†		

†Daily value not established.

Other ingredients: stearic acid, acacia gum, silica, modified cellulose gum, and magnesium stearate.

Contains soy.

Directions: 2 tablets 1 to 2 times daily with meals. Do not exceed suggested use.

VEGAN FORCE™ MULTIPLE delivers innovative antioxidants and high potencies of vitamins and minerals in advanced bioactive forms not found in most multiples in this all-vegan formula. Unlike many multiples, VEGAN FORCE contains a non-animal source of vitamin D—tremendously important for bone and immune health—plus nutrients often lacking in vegan diets, such as vitamin B-12. This potent, complete vegan daily supports essential cellular energy, brain, skin, circulatory, immune, skeletal and antioxidant systems. VEGAN FORCE MULTIPLE does not contain any animal products or animal-derived ingredients.*

WARNING: Do not use if you are pregnant, may become pregnant, breastfeeding, or taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, have any blood coagulation disorder, or are taking any prescription drug, consult your health care professional before using this product. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children. STORE IN A COOL, DRY PLACE.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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