

USAGE: Take 1 tablespoon per day. May be mixed in cold water, juice, tea, or other beverage of choice.

Jarrow FORMULAS® PomeGreat™ Pomegranate Juice Concentrate is made with California Wonderful Variety pomegranate fruit. It is 4 times more concentrated in antioxidants than regular pomegranate juice. Pomegranate tops all other conventional fruits, including blueberry and strawberry, in its ORAC (Oxygen Radical Absorbance Capacity) value, ranking pomegranate as one of the most powerful antioxidant fruits.

Pomegranate has been shown in scientific studies to benefit cardiovascular function, healthy cell replication, and antioxidation protection.* These health benefits are contributed by phytochemical compounds such as ellagic acid, gallic acid, anthocyanins, and tannins, including punicalagin, and other powerful phytonutrients.*

Clinical and experimental studies show that pomegranate juice:

- Decreases Low Density Lipoprotein (LDL) oxidation.*
- Enhances cellular (macrophage) glutathione.*
- Helps maintain regular platelet activity.*
- Reduces activity of angiotensin converting enzyme (ACE) and supports normal vascular contraction.*
- Promotes normal cell function and replication.*

WARNING: Pomegranate juice, like grapefruit juice, may interact with a number of medications. People on any medication, especially on anti-hypertensive or cholesterol lowering medications, or people who are allergic to many plants, should consult their physician before taking pomegranate juice or pomegranate products.

Refrigerate after opening. To extend shelf life, this product would be best kept refrigerated at all times. Use within 60 days after opening.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before: See Cap of Bottle

Jarrow FORMULAS®

PomeGreat™ **ORAC Value 1245**

Pomegranate

4x Juice Concentrate



**Promotes Healthy Cardiovascular Function*
& Healthy Aging*
Polyphenol Supplement**

12 FL OZ (360ml)



Supplement Facts

Serving Size 1 Tbsp (15 ml)
Servings Per Container 24

	Amount Per Serving	% DV*
Calories	36	
Total Carbohydrate	9 g	3%
Dietary Fiber	1.5 g	6%
Sugars	7 g	†
Iron	0.4 mg	2%
Potassium	136 mg	4%
Pomegranate Juice Concentrate (<i>Punica granatum</i> , 65 Brix)	15 ml	†
Total Polyphenols	165 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredient: 100% Pomegranate juice concentrate.

No wheat, no gluten,
no soybeans, no dairy,
no egg, no fish/shellfish,
no peanuts/tree nuts.

**Suitable for
vegetarians/vegans.**

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

11311POM
PROD # 120023



© 2011 **Jarrow FORMULAS®**