

BrainStorm®

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

California Proposition 65 Warning: This product contains lead, a chemical known to the State of California to cause birth defects or other reproductive harm.

Formulated exclusively for Allergy Research Group®
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1 Rev. 010

AllergyResearchGroup®

BrainStorm®

Neurotransmitter Support Formula*



dietary supplement
60 tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin A (as Beta-Carotene)	1000 IU 20%	Boron (as Boric Acid)	250 µg †
Vitamin C (as Ascorbic Acid)	5 mg 8%	Ginkgo (Leaves) Extract	15 mg †
Vitamin E (as D-alpha-Tocopheryl Succinate)	5 IU 17%	Bacopa (Aerial Part) Extract	50 mg †
Thiamine (as Thiamine Hydrochloride)	7.5 mg 500%	Eleuthero (Root) Extract	20 mg †
Riboflavin (67% as Riboflavin and 33% as Riboflavin		Asian Ginseng (Root) Extract	20 mg †
-5-Phosphate)	7.5 mg 441%	Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg †
Niacin (86% as Niacinamide)	17.5 mg 88%	L-Glutamine	125 mg †
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25%		L-Tyrosine	100 mg †
as Pyridoxal-5-Phosphate)	10 mg 500%	N-Acetyl-L-Carnitine	25 mg †
5-Methyltetrahydrofolate (from 93 µg		Choline Bitartrate	40 mg †
[6S]-5-methyltetrahydrofolic acid,		Inositol	25 mg †
glucosamine salt)	50 µg 13%	Phosphatidylcholine (soy)	50 mg †
Vitamin B12 (as Hydroxycobalamin)	25 µg 417%	Quercetin Dihydrate	25 mg †
Biotin	50 µg 17%	Cayenne Pepper (Fruit) Powder	50 mg †
Pantothenic Acid (as Calcium Pantothenate)	20 mg 200%	Essential Phospholipids (Phosphatidylserine 60%)	50 mg †
Zinc (as Zinc Citrate)	5 mg 33%	(sunflower)	50 mg †
Selenium (90% as Sodium Selenite and 10% as			
Selenomethionine)	25 µg 36%		
Copper (as Copper Bisglycinate)	0.5 mg 25%		
Chromium (as Chromium Picolinate)	25 µg 21%		
Molybdenum (as Sodium Molybdate)	25 µg 33%		

† Daily Value not established

*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.