

BrainStorm®

Contains nutrients that support various aspects of normal brain function.*

Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

WARNING: Discontinue use if you experience muscle tension, cramps or headache.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not labeled for sale in California.

Formulated exclusively for Allergy Research Group®
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1 Rev. 010

AllergyResearchGroup®

BrainStorm®

Neurotransmitter Support Formula*



dietary supplement
60 tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin A (as Beta-Carotene)	1000 IU 20%	Boron (as Boric Acid)	250 µg †
Vitamin C (as Ascorbic Acid)	5 mg 8%	Ginkgo (Leaves) Extract	15 mg †
Vitamin E (as D-alpha-Tocopheryl Succinate)	5 IU 17%	Bacopa (Aerial Part) Extract	50 mg †
Thiamine (as Thiamine Hydrochloride)	7.5 mg 500%	Eleuthero (Root) Extract	20 mg †
Riboflavin (67% as Riboflavin and 33% as Riboflavin		Asian Ginseng (Root) Extract	20 mg †
-5-Phosphate)	7.5 mg 441%	Gotu Kola (Aerial Part) Extract (10% Triterpenoids)	50 mg †
Niacin (86% as Niacinamide)	17.5 mg 88%	L-Glutamine	125 mg †
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25%		L-Tyrosine	100 mg †
as Pyridoxal-5-Phosphate)	10 mg 500%	N-Acetyl-L-Carnitine	25 mg †
5-Methyltetrahydrofolate (from 93 µg		Choline Bitartrate	40 mg †
[6S]-5-methyltetrahydrofolic acid,		Inositol	25 mg †
glucosamine salt)	50 µg 13%	Phosphatidylcholine (soy)	50 mg †
Vitamin B12 (as Hydroxycobalamin)	25 µg 417%	Quercetin Dihydrate	25 mg †
Biotin	50 µg 17%	Cayenne Pepper (Fruit) Powder	50 mg †
Pantothenic Acid (as Calcium Pantothenate)	20 mg 200%	Essential Phospholipids (Phosphatidylserine 60%)	50 mg †
Zinc (as Zinc Citrate)	5 mg 33%	(sunflower)	50 mg †
Selenium (90% as Sodium Selenite and 10% as			
Selenomethionine)	25 µg 36%		
Copper (as Copper Bisglycinate)	0.5 mg 25%		
Chromium (as Chromium Picolinate)	25 µg 21%		
Molybdenum (as Sodium Molybdate)	25 µg 33%		

† Daily Value not established

*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.