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9 Best by:

Lot No:

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 60

Amount Per Serving	% Daily Value
Thiamin (vitamin B1)(as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg 3,333%
Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate)	50 mg 2,941%
Niacin (as inositol hexaniacinate)	100 mg 5000%
Vitamin B6 (as pyridoxine <i>alpha</i> -ketoglutarate hydrochloride, pyridoxine hydrochloride, pyridoxal 5' phosphate)	80 mg 4,000%
Folate (as folic acid, (6S)-5-Methyltetrahydrofolate-glucosamine salt)	800 mcg 200%
Vitamin B12 (as dibenzozide, methylcobalamin)	500 mcg 8,333%
Biotin (as d-Biotin)	200 mcg 67%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	50 mg 500%
PABA (para-aminobenzoic acid)	50 mg *
Phosphatidylcholine (from sunflower lecithin)	36 mg *
Inositol (from 130 mg inositol hexaniacinate)	27 mg *
<i>alpha</i> -Lipoic Acid	100 mcg *

*Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, L-leucine, silica.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, gluten, milk, sugar, artificial colors, flavors, sweeteners or magnesium stearate.

This product has been manufactured at a GMP Registered facility.

Distributed by Peggy's

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**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do not accept if seal is broken. Product No. 76419. Store in a dry place between 59°-86° F. Keep out of the reach of children.



Peggy's **BODY SCIENCE**
◀ Lee Approved ▶

BIO SUPER COMPLEX

Cellular Active** Coenzyme-B Gluten-Free
Dietary Supplement



120 Vegan Capsules

