

DIETARY SUPPLEMENT

Suggested Usage: 1 capsule per day or as directed by a health professional. Keep out of reach of children.

The B vitamins in Hi Potency B Complex work together to metabolize proteins, carbohydrates and fats, and provide the body with energy. They also support a healthy nervous system and mood, and are essential for healthy skin, hair and vision.* Water-soluble B vitamins are not stored in the body and must be replenished daily.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no corn, dairy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS,
1111 - 80th St. SW, Ste 100
Everett WA, USA 98203



Recyclable container.

**Purity & Potency
Guaranteed**



**natural
Factors®**

Hi Potency B Complex

90 Capsules

**SUPPORT FOR ENERGY &
NORMAL NERVE FUNCTION***

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Thiamine (as thiamine hydrochloride)	50 mg	3330%
Riboflavin	50 mg	2940%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	50 mcg	830%
Biotin	60 mcg	20%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Inositol	50 mg	**
Para-Aminobenzoic Acid	50 mg	**
Choline (as choline bitartrate)	20 mg	**

** Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), di-calcium phosphate, silica.

