

VEGANTEIN COMPLETE™ is a natural vegetable protein made from a concentrated pea (*Pisum sativum*) and rice complex. It is a complete protein with optimally balanced levels of all the amino acids. It supports heart health, healthy weight and glucose levels, and body building. Many vegans struggle to consume optimum levels of protein. VEGANTEIN COMPLETE does not contain any animal products or animal-derived ingredients. It is ideal for vegans or anyone who wants a healthy alternative to animal protein products.

•Complete protein from all-vegan sources

•Free of dairy, animal products, and soy

•Gluten-free and non-GMO

•Great for working out and muscle strength

•Works well in recipes—Vegantein Complete™ has a neutral taste and good solubility, making it great to blend into smoothies or add to rice, oatmeal or other grains, or any vegetable dishes. Try adding it to soups or stews or sprinkling it on pasta dishes as a Parmesan cheese substitute to boost their protein content.*

Suitable for vegans and **HYPOALLERGENIC**: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, preservatives, or artificial color, flavor or fragrance.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.



Supplement Facts

Serving Size 2 Heaping Tablespoons (approx. 18 g)

Servings Per Container 25

	Amount Per Serving	%DV
Calories	70	
Calories from Fat	10	
Total Fat	1 g	2%*
Total Carbohydrate	1 g	<1%*
Protein	13 g	26%*
Sodium	125 mg	5%
Pea Seed Protein Concentrate	11.7 g	†
White Rice Protein Concentrate	4.5 g	†
Brown Rice Protein Concentrate	1.8 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Suggested Use: Two heaping tablespoons (about 18 g) daily. Mix with 6-8 ounces of water, milk, juice or any other beverage of choice. For best results, drink immediately. Can also be added to food for a protein boost.

CAUTION: If you are pregnant, may become pregnant, breastfeeding, or have a history of kidney or liver problems or gout, consult your health care professional before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

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