

IRON-TEK®

beet ENERGIZER

FOOD BLEND OF BEET, COFFEEBERRY®, GUAYUSA,
COCONUT WATER, WITH ELECTROLYTES

Certified



Gluten-Free

FITS INTO
YOUR REGIMEN:



Pre-Workout

Post-Workout

Everyday

**WATERMELON
FLAVOR**



90

milligrams
Caffeine

Non-GMO

Supports energy,
endurance and
hydration[†]

IRON-TEK® Beet Energizer, when mixed with water, is a drink made for pre-workout.

- Made from food-based ingredients
- Includes betalains and nitrates from Beet
- 90 mg of naturally occurring caffeine (cup of joe)
- Includes 6 essential electrolytes

Delicious and refreshing. With no added sugar.

DIETARY SUPPLEMENT
NET WT. 3.4 g (0.12 OZ.)

Supplement Facts

Serving Size One (1) package (3.4 g)

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	2 g <1%*
Sugars	1 g **
Thiamin (vitamin B1) (as thiamine hydrochloride)	0.27 mg 18%
Riboflavin (vitamin B2)	0.30 mg 18%
Niacin (as niacinamide)	3.6 mg 18%
Vitamin B6 (as pyridoxine hydrochloride)	0.36 mg 18%
Folate (as folic acid)	72 mcg 18%
Vitamin B12 (as methylcobalamin, cyanocobalamin)	111 mcg 1,850%
Biotin (as D-Biotin)	54 mcg 18%
Pantothenic Acid (as calcium D-pantothenate)	1.8 mg 18%
Calcium (as calcium citrate, calcium D-pantothenate)	18 mg 2%
Phosphorus (as monopotassium phosphate)	49 mg 6%
Magnesium (as magnesium gluconate)	7 mg 2%
Chloride (as sodium chloride, pyridoxine hydrochloride, thiamine hydrochloride)	61 mg 2%
Sodium (as sodium chloride, sodium citrate)	45 mg 2%
Potassium (from coconut water concentrate, monopotassium phosphate)	130 mg 4%
Energizing Blend (Non-GMO)	2,367 mg (2,367 g) **
Coconut Water Concentrate ^Δ	
Beet Complex (Beet Root Powder, Beet Juice Concentrate (root))	
CoffeeBerry® Organic Coffee (fruit) Extract (Providing 90 mg of caffeine)	
Guayusa Extract (leaf guayusa)(leaf)	
Non-GMO Maltodextrin	

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Natural watermelon flavor, luo han fruit extract, silica. Contains tree nuts (coconut).

YES: CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES: CERTIFIED VEGAN BY THE AVA

YES: RECYCLABLE PACKAGING

YES: MANUFACTURING PACKAGING WIND POWER

YES: KOSHER

NO: YEAST, WHEAT OR SOY

NO: MILK OR PRESERVATIVES

NO: ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

NO: MAGNESIUM STEARATE

NO: GMOs

Directions: Adults, mix one (1) package (3.4 g) with one (1) cup (8 fl. oz.)(237 mL) of cold water or your favorite beverage once daily before your workout. Pregnant or nursing women, do not exceed one serving daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: While taking this product, limit other sources of caffeine because too much caffeine may cause side effects. If you are pregnant or nursing, have a medical condition, are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

This product has been manufactured at a GMP Registered facility.

^Δ Naturally occurring sugar.

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See packet for "lot number" and "best by" date. Not labeled for individual sale. Do not accept if package is open. Store in a dry place between 59°-86° F. Keep out of the reach of children. Contents packaged by weight not volume. Some settling may occur.

Get #IronTekFit.



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