

DIRECTIONS: As a dietary supplement, take one (1) capsule 30 minutes before a meal once daily with a full glass of water. For best results, drink plenty of water throughout the day. Do not exceed the maximum recommended dose of one (1) capsule per day.

WARNING: Use only as suggested. Not intended for use by anyone under the age of 18, pregnant, nursing, and/or if the packaging is broken. Consult a physician before use if you or a family member has been diagnosed with any medical condition. Discontinue use and contact a physician if you experience any unusual symptoms. **KEEP OUT OF REACH OF CHILDREN.**

Distributed by:
Creative Bioscience®
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ANTI-AGING FORMULA*

Hair - Skin - Nails

Clinically Supported Ingredients

2500 mcg Biotin

40 mg Ceramide PCD®
(Phytoceramides)

DIETARY SUPPLEMENT
30 VEGGIE CAPSULES

Supplement Facts

Serving Size: 1 Veggie Capsule

Servings per Container: 30

Amount per Serving % Daily Value		
Vitamin A (as retinyl acetate)	5000 iu	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as ergocalciferol)	400 iu	100%
Vitamin E (as dl-alpha-tocopheryl acetate)	30 iu	100%
Biotin	2500 mcg	833%

Ceramide PCD®	40 mg	†
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** % Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Other Ingredients: Long Grain Rice Flour, Vegetable Capsule, Magnesium Stearate

Ceramide-PCD® is a registered trademark of Oryza.



GMO Free



Vegan Friendly



Daily Use

LIVE PRODUCT SUPPORT 877-744-1224