

Fast & Be Clear

Provides high levels of vitamins and minerals and bioactive food components for broad-spectrum nutritional support.* Formulated as hypoallergenically as possible to support detoxification.*

Suggested Use

As a dietary supplement, 1 or 2 scoops daily, or as directed by a healthcare professional. Mix in 8 oz of liquid.

Variations in product color may occur. Keep in a cool, dry place, tightly capped. Product is sold by weight not by volume. Some settling may occur.

Not labeled for sale in California.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively for
Allergy Research Group®
Alameda, CA 94502
www.allergyresearchgroup.com
Phone: 510.263.2000



Fast & Be Clear

Nutritional and Detox Support*



dietary supplement
900 grams (31.7 oz.)

Supplement Facts

Serving Size 2 Scoops (40 g)
Servings Per Container 22

Amount Per Serving	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value*
Calories 150	Thiamine (as Thiamine Hydrochloride) 15 mg	1000%	Molybdenum (as Sodium Molybdate) 50 µg	67%
Calories from Fat 15	Riboflavin (as Riboflavin-5-Phosphate) 10 mg	588%	Potassium (as Potassium Iodide and Potassium Phosphate) 120 mg	3%
	Niacin (as Niacinamide) 15 mg	75%		
	Vitamin B6 (as Pyridoxine Hydrochloride) 15 mg	750%	Boron (as Sodium Borate) 250 µg	†
	Folate (as Folic Acid) 100 µg	25%	N-Acetyl-L-Cysteine 50 mg	†
	Vitamin B12 (as Methylcobalamin) 50 µg	833%	L-Glutathione (reduced) 50 mg	†
	Biotin 150 µg	50%	Glycine 1800 mg	†
	Pantothenic Acid (Calcium Pantothenate) 200 mg	2000%	Taurine 200 mg	†
	Phosphorus (as Calcium Phosphate and Potassium Phosphate) 120 mg	12%	L-Glutamine 1000 mg	†
	Iodine (as Potassium Iodide) 8 µg	5%	Alpha-Lipoic Acid 20 mg	†
	Magnesium (as Magnesium Citrate) 200 mg	50%	MSM (Methylsulfonylmethane) 100 mg	†
	Zinc (as Zinc Picolinate) 10 mg	67%	Quercetin 100 mg	†
	Selenium (as Selenomethionine) 40 µg	57%	Green Tea Extract (standardized to 40% Catechins) 25 mg	†
	Copper (as Copper Gluconate) 1 mg	50%	Grape Seed & Skin Extract (standardized to 95% Polyphenols) 25 mg	†
	Manganese (as Manganese Gluconate) 1.3 mg	65%	Lactobacillus sporogenes 300 million CFU	†
	Chromium (as Chromium Picolinate) 80 µg	67%		

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Rice protein concentrate, rice bran, rice syrup solids, microcrystalline cellulose, rice bran oil, natural cherry flavor.

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