

# Slumberol

A unique proprietary blend of concentrated Chinese herbal extracts, including sensitive plant (*Mimosa pudica*), jujube (*Ziziphus jujuba*), sacred lotus (*Nelumbo nucifera*), and sickle-pod senna (*Senna obtusifolia*).

## Suggested Use

As a dietary supplement, 2 to 5 capsules at bedtime, 1 capsule for daytime relaxation, or as directed by a healthcare practitioner.

**WARNING:** May cause drowsiness and should not be taken before driving or operating machinery.

Keep in a cool, dry place, tightly capped.



AllergyResearchGroup®

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dietary supplement  
100 vegetarian capsules

## Supplement Facts

|                        |            |
|------------------------|------------|
| Serving Size           | 5 Capsules |
| Servings Per Container | 20         |

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
|--------------------|---------------|

|                   |       |
|-------------------|-------|
| Proprietary Blend | 3 g * |
|-------------------|-------|

Sensitive Plant (Leaves) Extract

Jujube (Fruit) Extract

Sacred Lotus (Young Leaves) Extract

Sickle-Pod Senna (Seeds) Extract

\*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Formulated exclusively for Allergy Research Group®  
Alameda, CA 94502 [www.allergyresearchgroup.com](http://www.allergyresearchgroup.com)  
Phone: 510.263.2000

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