

Swanson®
**SUPERIOR
HERBS**

Bladderwrack Leaves

Standardized
Herbal Supplement



Supports Thyroid Health*

60 capsules

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule per day with water.

WARNING: Consult your healthcare provider before use if you are pregnant or nursing, taking prescription medication or if you have a medical condition. Do not exceed recommended dosage.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Iodine (from bladderwrack) 150 mcg	100%
Bladderwrack Leaf Extract 75 mg (standardized to 0.2% iodine)	**

**Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), gelatin, calcium palmitate, maltodextrin, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
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TO REORDER, CALL TOLL FREE 1-800-437-4148
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