



Ionic
B12
1000mcg

A unique blend maximizing
absorption, safety and flexibility[†]



liqui**mins**™



DIETARY SUPPLEMENT
NET 2 FL OZ (59 mL)

Supplement Facts

Serving Size 1mL (0.2 teaspoon)
Servings Per Container 59

Amount Per Serving		%DV
Vitamin B12 (as Methylcobalamin)	1000mcg	16,667%
Magnesium (from ITM)	4mg	1%
Ionic Trace Minerals (ITM)	50mg	†

†Daily Value (DV) not established.

Other Ingredients: Glycerin, purified water, NON-GMO color (Exberry®), grape flavor, NON-GMO citric acid. **CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Using the metered dropper, take 1mL daily. Add to juice or food or take straight as desired. Do not refrigerate. Keep out of reach of children.

Ionic B12 provides 1,000mcg of Vitamin B12 per serving, plus a full spectrum of over 72 naturally-occurring ionic trace minerals in an ionic form.[†] Vitamin B12 plays a crucial role in multiple metabolic functions, including enzyme production, DNA synthesis, hormone balance, and healthy nerve and cardiovascular function.[†]

Also contains over 72 naturally-occurring ionic trace minerals.

WARNING: Consult your healthcare provider if you are pregnant, nursing, taking any medication or have any medical conditions. Keep out of reach of children.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



cGMP



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American Vegetarian Association



r-M8Y16



**LOT# / BEST BY DATE
ON BOTTOM OF
BOTTLE.**

IONIC B12 - 2 OZ

