

## **Supplement Facts**

Serving size ½ tsp. Servings per container 48

Amount Per Serving			%D
Magnesium (from ITM)	45	mg	119
Chloride (from ITM)	375	mg	119
Sodium (Seawater)	125	mg	59
Potassium (Pot. Chloride)	150	mq	49

Sulfate (from ITM)

## \* Daily Value (DV) not established.

20 mg

Ingredients: Seawater, Ionic Trace Minerals (ITM), purified water, citric acid.

Allergen Info: contains no known allergens. GLUTEN FREE.

†These statements have not been evaluated by the Food and Drug Adminstration. This product is not intended to diagnose, treat, cure, or prevent any disease. ENDURE is a special blend of essential electrolytes your body needs to perform at optimum levels of energy, stamina, and hydration during competition or any strenuous activity.¹ Proper hydration helps to reduce the incidence of muscle cramping and fatigue so you can endure longer.² Plus it contains no sugar or additives to weigh you down. Get the edge you need to perform at your best with ENDURE.

Directions: Add ENDURE to water or any beverage or sports drink and shake well for an added boost of energy, stamina and hydration. The suggested use below provides optimum levels for taste and performance when mixed with pure water. Great for use in hydration packs—no cleanup required!

Suggested Use: Add 48 drops (½ tsp.) to 32 oz. of water (12 drops per 8 oz.; 2 tsp. per gallon) and shake well.







LOT#/BEST BY DATE ON BOTTOM OF BOTTLE.



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American Vegetarian Association