



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Stinging Nettle Leaf

Herbal Supplement

120 capsules • 400 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules two times per day with water.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	
Stinging Nettle leaf (Urtica dioica)	800 mg*
*Daily Value not established.	

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

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