



Vitamin D-3

400 IU (10 mcg)

Vitamin Supplement

Cholecalciferol

250 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to two times per day with food and water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Vitamin D-3	10 mcg	50%
(as cholecalciferol)		

Other ingredients: Rice flour, gelatin, modified food starch, sucrose, sodium ascorbate, medium-chain triglycerides, silica, dl-alpha tocopherol.

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