

Recommendation: Take 3 tablets daily, preferably with food. If pregnant, nursing, taking any medications or have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

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Green Bay, WI 54311 USA
Questions? 1-800-5NATURE / naturerway.com

GLUTEN FREE. No sugar, yeast, wheat, soy, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LNT4931.C01 BLK8040C

NO ADDED IRON

Nature's Way

Alive!
Max³ Daily

Multi-Vitamin
MAX POTENCY

**Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg)**

90 TABLETS • Multi-Vitamin Supplement

Supplement Facts		Amount Per Serving		Percent Daily Values	
Serving Size: 3 Tablets (Serving Per Container: 30)		Amount Per Serving		Percent Daily Values	
		Serving Size: 3 Tablets (Serving Per Container: 30)		Percent Daily Values	
Total Carbohydrate		7g	<1%	Total Carbohydrate	
Dietary Fiber		10g	<1%	Dietary Fiber	
Total Fat		100 mg	20%	Total Fat	
Sodium		100 mg	20%	Sodium	
Total Protein		100 mg	20%	Total Protein	
Vitamin A		100 mg	20%	Vitamin A	
Vitamin B		100 mg	20%	Vitamin B	
Vitamin C		100 mg	20%	Vitamin C	
Vitamin D		100 mg	20%	Vitamin D	
Vitamin E		100 mg	20%	Vitamin E	
Vitamin K		100 mg	20%	Vitamin K	
Vitamin B1		100 mg	20%	Vitamin B1	
Vitamin B2		100 mg	20%	Vitamin B2	
Vitamin B3		100 mg	20%	Vitamin B3	
Vitamin B6		100 mg	20%	Vitamin B6	
Vitamin B12		100 mg	20%	Vitamin B12	
Vitamin B9		100 mg	20%	Vitamin B9	
Vitamin B10		100 mg	20%	Vitamin B10	
Vitamin B11		100 mg	20%	Vitamin B11	
Vitamin B12		100 mg	20%	Vitamin B12	
Vitamin B13		100 mg	20%	Vitamin B13	
Vitamin B14		100 mg	20%	Vitamin B14	
Vitamin B15		100 mg	20%	Vitamin B15	
Vitamin B16		100 mg	20%	Vitamin B16	
Vitamin B17		100 mg	20%	Vitamin B17	
Vitamin B18		100 mg	20%	Vitamin B18	
Vitamin B19		100 mg	20%	Vitamin B19	
Vitamin B20		100 mg	20%	Vitamin B20	
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Vitamin B26		100 mg	20%	Vitamin B26	
Vitamin B27		100 mg	20%	Vitamin B27	
Vitamin B28		100 mg	20%	Vitamin B28	
Vitamin B29		100 mg	20%	Vitamin B29	
Vitamin B30		100 mg	20%	Vitamin B30	
Vitamin B31		100 mg	20%	Vitamin B31	
Vitamin B32		100 mg	20%	Vitamin B32	
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Vitamin B41		100 mg	20%	Vitamin B41	
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Vitamin B67		100 mg	20%	Vitamin B67	
Vitamin B68		100 mg	20%	Vitamin B68	
Vitamin B69		100 mg	20%	Vitamin B69	
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Vitamin B95		100 mg	20%	Vitamin B95	
Vitamin B96		100 mg	20%	Vitamin B96	
Vitamin B97		100 mg	20%	Vitamin B97	
Vitamin B98		100 mg	20%	Vitamin B98	
Vitamin B99		100 mg	20%	Vitamin B99	
Vitamin B100		100 mg	20%	Vitamin B100	



■ LNT4931.C01 BLK8040C

Amount Per Serving	% DV
Nettle (leaf), Plantain (leaf), Fennel Grass	
Orchard Fruits™ / Garden Veggies™ Blend	200 mg **
Blueberry, Orange, Camellia, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Peach, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Cardo Blend	100 mg **
Heuvelum Berry, Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	
Digestive Enzyme Blend	100 mg **
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lipase, Phosphatase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Biotin HCl, Bromelain, Papain	
Omega 3/6/9 Fatty Acid Seed Blend	100 mg **
Flax Seed Powder, Sunflower Seed Powder	
Organic Mushroom Mycelium Defense Blend	100 mg **
Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster (Pleurotus ostreatus), Enoki (Laricifolius velutipes), Maitake (Grifola frondosa), Yamabushitake (Hericium erinaceus), Agarikon (Fomitopsis officinalis), Chaga (Inonotus obliquus), Himematsutake (Agaricus brasiliensis), Reishi (Ganoderma lucidum), Cordyceps (Cordyceps sinensis), Mesima (Phellinus linteus), Zhu Ling (Gastrodia umbellata)	
Citrus Bioflavonoid Complex from orange, grapefruit, lemon, lime, tangerine providing: Hesperidin, Naringin, Naringenin, Eriodiol, Flavonols and Flavones	60 mg **
Inositol	50 mg **
Siberian Eleuthero (Eleutherococcus senticosus) (root)	50 mg **
Choline (as choline tartrate)	30 mg **
Rutin (Sophora japonica) flower bud extract	25 mg **
Lactin (from margoli)	500 mg **

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: vegetable cellulose, vegetable stearate, vegetable modified cellulose gran, vegetable modified cellulose, silica, vegetable magnesium stearate, vegetable glycerin.

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MAX Potency 3x Daily
The most potent, nutrient diverse Alive!™ tablets multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**

MAX B-Vitamins
to help convert food into energy*

Whole Body Nutrition
for men and women to help support:



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO ADDED IRON

Premium Formula

Nature's Way

Alive!
Max³ Daily

Multi-Vitamin
MAX POTENCY

ENERGIZER

with Food Based blends

**Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg),
Enzymes, Bioflavonoids, EFAs**

90 TABLETS • Multi-Vitamin Supplement

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Supplement Facts		
Serving Size 3 Tablets / Servings Per Container 30		
Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%*
Dietary Fiber	<1 g	3%
Vitamin A (60% [15,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU	300%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K1 (as thiamonadine)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	125 mg	625%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%
Biotin	325 mcg	108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg	1,250%
Calcium (as carbonate/citrate/pantothenate)	250 mg	25%
Iodine (as potassium iodide and from kelp powder)	150 mcg	100%
Magnesium (as magnesium oxide, magnesium citrate)	125 mg	31%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	288%
Copper (as copper bisglycinate chelate)	2 mg	100%
Manganese (as manganese bisglycinate chelate)	5 mg	250%
MyoInositol (as sodium myoInositol)	75 mcg	100%
Sodium	5 mg	<1%
Potassium (as potassium citrate)	50 mg	**
Daily Greens™ Blend providing Amino Acids	400 mg	**
Spinulins, Kelp, Alfalfa (leaf, stem), Barley Grass, Wheat Grass, Spirulina, Chlorella, Blue Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass,		