

Recommendation: Take 3 tablets daily, preferably with food. **Caution:** If pregnant, nursing or taking any medications or if you have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

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Green Bay, WI 54311 USA
Questions? 1-800-SNATURE | natureways.com

GLUTEN FREE. No sugar, dairy products, yeast, wheat grain, soy, artificial colors, flavors or preservatives.

◆ LN14930.C02 BLK8004C

Keep out of reach of children. Safety sealed with printed out shrink-wrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

60 TABLETS • Multi-Vitamin Supplement

**Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg)**
Enzymes, Bioflavonoids, EFAs

Alive!
Max³ Daily
Multi-Vitamin
MAX POTENCY

Nature's Way
NO ADDED IRON

Amount Per Serving		% DV	
Serving Size: 3 Tablets / Servings Per Container: 20			
Unflavored Tablets / Garden Veggies™ Powder Blend	200 mg		
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Peach, Pineapple, Pumpkin, Spinach			
Cardio Blend	100 mg		
Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)			
Digestive Enzyme Blend	100 mg		
Concentrated enzyme formula (Protease II, Phosphatase II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain			
Omega 3/6/9 Fatty Acid Seed Blend	100 mg		
Flax Seed Powder, Sunflower Seed Powder			
Organic Mushroom Mycelium Defense Blend	100 mg		
Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster Heritake (Pleurotus ostreatus), Enoki (Flammulina velutipes), Maitake (Grifola frondosa), Yamabushitake (Phellinus ericaceus), Agarikon (Polyporus officinalis), Chaga (Inonotus obliquus), Himenostictus (Agaricus brasiliensis/bisac), Kawaratake (Trametes versicolor), Mesima (Phellinus Antares), Zhu Ling (Grifola umbellata)			
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Naringenin, Eriodiol, Flavanones and Flavones			
Eucalyptus (Eucalyptus globulus) (eucalyptus) (root)	50 mg		
Inositol	50 mg		
Choline (as choline bitartrate)	30 mg		
Rutin (Sophora japonica) flower bud extract	25 mg		
Lutein (from Acoris maritima)	500 mcg		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin.

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MAX Potency 3x Daily
The most potent, nutrient diverse Alive!® tablets multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** powder blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**

MAX B-Vitamins
to help convert food into energy*

Whole Body Nutrition
for men and women to help support:



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium Formula
Nature's Way
NO ADDED IRON

Alive!
Max³ Daily
Multi-Vitamin
MAX POTENCY

ENERGIZER™
with Food-Based blends
**Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg)**
Enzymes, Bioflavonoids, EFAs

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Calories	10		
Total Carbohydrate	2 g	<1%	
Dietary Fiber	<1 g	3%	
Vitamin A (60% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU	300%	
Vitamin C (ascorbic acid)	1,000 mg	1,667%	
Vitamin D3 (as cholecalciferol)	1,000 IU	250%	
Vitamin E (as α -tocopheryl succinate)	200 IU	667%	
Vitamin K1 (as phytonadione)	80 mcg	100%	
Riboflavin (Vitamin B2)	25 mg	1,471%	
Niacin (as niacinamide)	125 mg	625%	
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg	2,500%	
Folic Acid	400 mcg	100%	
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%	
Biotin	325 mcg	100%	
Pantothenic Acid (as D-calcium pantothenate)	125 mg	1,250%	
Calcium (as citrate/carbonate/pantothenate)	250 mg	25%	
Iodine (as potassium iodide and from kelp powder)	153 mcg	102%	
Magnesium (as magnesium citrate, magnesium oxide)	125 mg	31%	
Zinc (as zinc gluconate)	15 mg	100%	
Selenium (as L-selenomethionine)	200 mcg	200%	
Copper (as copper bisglycinate chelate)	2 mg	100%	
Manganese (as manganese bisglycinate chelate)	5 mg	250%	
Molybdenum (as sodium molybdate)	75 mcg	100%	
Sodium	5 mg	<1%	
Potassium (as potassium citrate)	50 mg	1%	

Daily Greens™ Blend providing Amino Acids
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (Aphanizomenon flos-aqueae), Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass,



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