MUSCLE* STRENGTH* RECOVERY* PERFORMANCE*

- ✓ AMPLIFIES MUSCLE GROWTH*
- ✓ DECREASES PROTEIN BREAKDOWN*
- ✓ ATTENUATES MUSCLE DAMAGE*
- ✓ IMPROVES MUSCLE RECOVERY*
- ✓ SUPPORTS MUSCLE BUILDING*
- ✓ BLENDS INSTANTLY
- ✓ DELICIOUS MOUTH WATERING FLAVOR
- ✓ NO AMINO SPIKING
- ✓ MANUFACTURED IN A cGMP GOVERNMENT AUDITED FACILITY

WARNING: KEEP OUT OF REACH FROM CHILDREN. Not intended for use by persons under 18. Consult a health care provider before starting any diet or exercise program. Consult a physician before taking this product if you are lactose intolerant or have any allergic reactions to dairy products. Use this product only as a dietary supplement. This product is not intended to replace food. Do not use if safety seal on this package has been broken. Store in a cool, dry place (60°F to 80°F).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BLUE STAR NUTRACEUTICALS

BETTER BY DESIGN

POST-FACTOR™

REFUEL. RECOVER. REBUILD.™

BLUEBERRY POMEGRANATE

Natural & Artificial Flavor

14 Servings

Net Weight 2.63 LB. (1190 g)

Dietary Supplement

POST-WORKOUT FORMULA

Supplement Facts

Serving Size: 1 Scoop (approx. 85 g)
Servings Per Container: 14

	Amount Per Serving	% Daily Value
Calories	310	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Cholesterol	30 mg	10%
Total Carbohydrate	50 g	17%*
Sugars	3 g	†
Protein	27 g	54%*
Vitamin C (as ascorbic acid)	61 mg	101%
Vitamin E (as dl-alpha tocopheryl acetate)	33 IU	109%
Calcium	133 mg	13%
Sodium (as sodium r-lipoate)	65 mg	3%
Potassium	140 mg	4%
Muscle Recovery Complex™		
L-Carnitine L-Tartrate	2000 mg	†
CherryPURE® (montmorency tart cherry) (fruit) powder	480 mg	†
ActiGin™ (*Panax notoginseng*) (root) & (*Rosa roxburghii*) (fruit)	50 mg	†
XD Delivery Technology Complex™	**61 mg**	†
Fumaric Acid		
BioPerine® Black Pepper (*Piper nigrum*) (fruit)		
AstraGin™ (*Panax notoginseng, Astragalus membranaceus*) (root)		
Sodium R-Lipoate		
Succinic Acid		

*Percentage Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Directions: As a dietary supplement, after workout, mix 1 scoop of ***POST-FACTOR™*** with 12 oz of cold water.

Other Ingredients: Maltodextrin, Hydrolyzed Whey Protein Isolate, Natural and Artificial Flavors, Sucralose, Black Carrot (juice) Powder (color), Enzyme Amylase, Soy Lecithin.

Allergen Warning: Contains ingredients from milk and soy. Made in a facility that also processes egg, peanut, tree nuts, fish, crustaceans and shellfish, and wheat products.

Exclusively manufactured in a cGMP facility in Canada for:
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QUALITY INGREDIENT cGMP GUARANTEE

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