

USAGE: Take 1 tablet per day or as directed by your qualified health care consultant. **Easy-Solv®** tablets are designed to disintegrate within several minutes of ingestion.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Potassium is an essential macromineral in human nutrition with a wide range of roles, including transmission of nerve impulses, contraction of cardiac and skeletal muscles, and production of energy.* Potassium is the predominant electrolyte within cells and essential for maintaining proper cellular tonicity.*

The citrate salt of potassium has been shown to aid in the preservation of skeletal integrity.* In this respect, it may function by partially neutralizing the high acid loads associated with typical Western diets, and by sparing calcium from excessive loss.*

Fruits and vegetables are the richest dietary sources of potassium; potassium-rich foods include leafy greens, fruits, and root vegetables.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Jarrow FORMULAS®

Potassium Citrate

Pharmaceutical Grade

**Skeletal Health*
Systemic Alkalyzer***

Essential Macromineral

120 Easy-Solv® Tablets
Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 120

	Amount Per Serving	% DV
Potassium (as potassium citrate)	99 mg	3%

* Daily Value not established.

Other Ingredients: Dicalcium phosphate, cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and silicon dioxide.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

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Distributed Exclusively by:
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