

Pharmanex® Optimum Omega contains a combination of potent omega-3 fatty acids to help support cardiovascular, immune, and joint health.*

DIRECTIONS FOR USE: As a dietary supplement, take one to two (1-2) softgels with eight (8) ounces of liquid with your morning and evening meals. Store in a cool, dry place.

WARNINGS: Keep out of reach of children. Consult a physician prior to use if pregnant or lactating, or using prescription medication. Discontinue 2 weeks prior to and after surgery. Discontinue use and consult a physician if any adverse reactions occur. Do not use if safety seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GUARANTEE: No added sugar, salt, wheat, yeast, or dairy products. No preservatives, artificial colors, or flavors.

QUALITY

Batch No.:

EXP:



Optimum Omega

Omega-3 from Fish Oil
Contains EPA/DHA

DIETARY SUPPLEMENT
60 SOFTGELS



Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value*	
Total Calories	20	
Calories From Fat	20	
Total Fat	2 g	3%
Saturated Fat	0.5 g	2%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Marine Lipid Concentrate	2,200 mg	**
Omega 3 Fatty Acids:		
EPA	300 mg	**
DHA	200 mg	**
Other Omega 3 Fatty Acids	100 mg	**
Deodorized Garlic Oil	2 mg	**

*Percent Daily Values are based on a 2,000 Calorie Diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerine, Purified Water, D-Alpha Tocopherol (as antioxidant).

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