

Estera® Balance contains a patent-pending blend of phytoestrogens. Phytoestrogens are plant based compounds that bind to the body's estrogenic receptors. They should be incorporated into a woman's diet from an early age for benefits throughout life. Estera® Balance also contains flax lignans and other ingredients that work with the liver to promote a healthy balance of estrogen metabolites. Chasteberry, evening primrose oil, and borage seed oil work with Estera® ingredients to help relieve common PMS symptoms.*

DIRECTIONS FOR USE: As a dietary supplement, take two (2) capsules daily, preferably one with your morning and evening meals. Store in a cool, dry place.

WARNINGS: Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product. Discontinue 2 weeks prior to and after surgery. Discontinue use and consult a physician if any adverse reactions occur.

Do not use if safety seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BATCH NO.:

EXP. DATE:

 PHARMANEX®

 Estera®

Phase I
Women's balance formula

DIETARY SUPPLEMENT
60 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin B ₆ (Pyridoxine Hydrochloride)	50 mg 2500%
Evening Primrose Oil	500 mg *
Borage Seed Oil	250 mg *
Chasteberry Fruit (<i>Vitex agnus/ castus</i> L.) Extract (0.3% casticin)	250 mg *
Diindolylmethane (an indole)	100 mg *
Pomegranate Fruit (<i>Punica granatum</i>) Extract	40 mg *
Lignans (from Flaxseed)	15 mg *
Genistein (from 64% Soy Isoflavone Ext.)	10 mg *

*Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerine, Soy Oil, Beeswax, Caramel.

CONTAINS Soy.

 **QUALITY**

SOLD EXCLUSIVELY BY NU SKIN ENTERPRISES
AUTHORIZED DISTRIBUTORS.
MFD. IN CANADA EXCLUSIVELY FOR NSE PRODUCTS, INC.,
PROVO, UT 84601 ©2005, 17 NSE PRODUCTS, INC.
1-888-PHARMANEX NUSKIN.COM

 NU SKIN®