



Tri-Fiber Complex

Dietary Supplement

Contains Psyllium, Oat Bran,
Apple Pectin

100 capsules



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules two times per day with 8 ounces of water.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per Serving	
Psyllium Powder	750 mg*
Oat Bran	710 mg*
Apple Pectin Powder	40 mg*

*Daily Value not established.

Other ingredients: Gelatin, silica, rice flour, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



SW993

2