

SOURCE NATURALS®

DIETARY SUPPLEMENT

ULTRA-CAL
1000™

COMPREHENSIVE BONE HEALTH*
240 CAPSULES

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 80

	Amount Per Serving	%DV
Protein	1 g	2%*
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D-3 (as cholecalciferol)	500 IU	125%
Vitamin K-1 (as phytonadione)	100 mcg	125%
Vitamin K-2 (as menaquinone-7 [MenaQ7®])	10 mcg	12%
Folate (as folic acid & calcium folinate)	200 mcg	50%
Vitamin B-12 (as methylcobalamin)	100 mcg	1,667%
Calcium (as microcrystalline calcium hydroxyapatite)	500 mg	50%
Magnesium (as magnesium oxide & chelate)	250 mg	63%
Zinc (as zinc monomethionine [OptiZinc®])	5 mg	34%
Copper (as copper sebacate)	500 mcg	25%
Phosphorus (as microcrystalline calcium hydroxyapatite)	200 mg	20%
Manganese (as manganese ascorbate)	1 mg	50%
Glucosamine Sulfate (as glucosamine sulfate potassium chloride)	150 mg	†
Boron (as boron citrate, aspartate & glycinate)	1.5 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin (capsule), silica, and magnesium stearate.

Contains shellfish (shrimp and crab).

Suggested Use: 3 capsules twice daily.

WARNING: Do not use if you have a history of gallstones, bile duct obstruction, hyperacidity, or gastrointestinal disorders. Consult your health care professional before using this product if you are pregnant, may become pregnant, breastfeeding, regularly taking acetaminophen, warfarin (Coumadin®), heparin, or any prescription drug, or if you suffer from kidney or parathyroid disease.

Bones consist of living cells embedded in a mineralized organic matrix. This intricate structure serves us well, but as we enter middle age, our bone mass starts to decline. **ULTRA-CAL 1000™** nourishes your body to help support healthy bones, bone mass and skeletal structure. This formula contains 1,000 mg of bioavailable calcium as well as a wide array of nutrients specifically formulated to support enhanced bone mass and strength. This formula also contains trace minerals that act as cofactors for the production of bone—phosphorus, magnesium, zinc, copper, and manganese.*

MenaQ7® is patented and is a registered trademark of NattoPharma ASA, Norway.

OptiZinc® is a registered trademark of InterHealth N.I.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:
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