



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

**Full Spectrum[®]
Milk
Thistle**
Herbal Supplement

100 capsules • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules two to three times per day with water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving

Milk Thistle (Silybum marianum) (seeds) 1 g*

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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