RECOMMENDATION: Women take 2 capsules daily with food. Men take 2 capsules twice daily with food. For Intensive Use (Women/Men): take up to double the recommended dose.

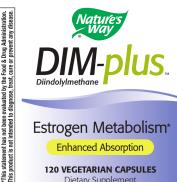
CAUTION: Do not use if pregnant, nursing or attempting to become pregnant. A harmless but noticeable change in urine color may occur during usage. If taking any medications, consult a healthcare professional before use. Store in a cool, dry place. Keep out of reach of children.

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Questions? 1-800-9NATURE / naturesway.com

LN14850.A04

BioResponse-DIM® and DIM® are trademarks of BioResponse, LLC. BioResponse-DIM® is a patented, enhanced bioavailability, oral delivery system for diindolylmethane (U.S. patent #6,086,915).



Estrogen Metabolism*

Enhanced Absorption

120 VEGETARIAN CAPSULES **Dietary Supplement**

Supplement Facts Serving Size 2 Capsules / Servings per Container 60

Amount per Serving

Vitamin E (as Tocophersolan 9 111 30%

from BioResponse-DIM®

BioResponse-DIM® Complex 100 ma (patented, enhanced bioavailability complex containing modified food starch, 25% diindolylmethane [25 mg]), Tocophersolan, phosphatidylcholine, silica Protectamins® Vegetable Blend 100 mg (spinach powder, broccoli powder,

**Daily Value (DV) not established.

cabbage powder)

Other ingredients; cellulose, plant-derived capsule (hypromellose, titanium dioxide color) Contains sov.

BLK8009A

White Vegetarian Capsule Color protects DIM® from light



DIM-plus™ Benefits

DIM-plus contains diindolvlmethane.

a phytonutrient found in cruciferous

vegetables including broccoli, Brussels

sprouts, cabbage, cauliflower and kale.

Diindol/Imethane has unique benefits

that support the activity of enzymes

that improve estrogen metabolism.*

Research shows diindolylmethane

increases the level of "favorable"

estrogens (2-hydroxyestrogen) while

reducing the level of "less favorable"

estrogens (16-hydroxyestrogen).*

DIM-plus™ Difference

Patented Complex

Contains patented BioResponse-DIM® Complex-an enhanced bioavailability delivery system for diindolylmethane.

Enhanced Absorption

The bioavailability of DIM-plus is superior to regular diindolylmethane and its unstable precursor, indole-3carbinol (I3C). With DIM-plus you are assured a stabilized and consistent dose of diindolylmethane.

Protectamins® Vegetables

DIM-plus also contains spinach, cabbage and broccoli for additional phytonutrients.









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Estrogen Metabolism*

- Enhanced Absorption
- Patented Complex

120 VEGETARIAN CAPSULES

Dietary Supplement

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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printed outer shrink-wrap and inner seal. Do not use if either seal is broken or missing. Store in a cool, dry place. Keep bottle tightly closed.

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