

SymBiotics with FOS

Nine beneficial bacteria strains together in one convenient powdered formula. The FOS provides food for the bifidobacteria, and ascorbic acid (vitamin C) is added as a stabilizer. Lyophilized (freeze dried).

Suggested Use

As a dietary supplement, 1 level teaspoon one to three times daily, or as directed by a healthcare practitioner.

CAUTION: Some individuals taking FOS may experience gastrointestinal bloating that persists longer than 1-2 weeks, possibly due to unfriendly microbes feeding on FOS. In such cases, this product should be discontinued. Refrigerate to maintain potency. Short term heat exposure is acceptable.



Formulated exclusively for
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AllergyResearchGroup®

SymBiotics with FOS



dietary supplement
140 grams (4.9 oz.)

Supplement Facts

Serving Size 1 Teaspoon (3.5 g)
Servings Per Container 40

Amount Per Serving	
Calories	10

		% Daily Value*
Total Carbohydrates	3 g	1%
Vitamin C (as Ascorbic Acid)	180 mg	300%

Fructooligosaccharides	3 g	†
<i>Lactobacilli</i>	3 Billion CFUs**	†
<i>Bifidobacteria</i>	0.8 Billion CFUs**	†
<i>Streptococcus thermophilus</i>	0.4 Billion CFUs**	†

* Percent Daily Value are based on a 2,000 calorie diet.

** Viable cell count at the time of manufacture

† Daily Value not established.

Other ingredients: Silicon dioxide. Contains: milk (in trace amounts).

NUTRAFLORA*

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