#### GastroCleanse with psyllium husks

GastroCleanse contains psyllium husks (a dietary fiber), activated charcoal, goldenseal root, chlorophyll, and apple pectin. The formula also contains vitamin C, magnesium, and Lactobacillus acidophilus.

#### Suggested Use

As a dietary supplement, 4 capsules three times daily with 8 oz. of water, or 6 capsules two times daily with 12 oz. of water, or as directed by a healthcare practitioner.

CAUTION: It is very important to consume adequate amounts of water with this product. If transit time is not regulated in 12 to 24 hours, discontinue use. Keep in a cool, dry place, tightly capped.



Formulated exclusively for Allergy Research Group® Alameda, CA 94502 www.allergyresearchgroup.com

## **Allergy**ResearchGroup®

# GastroCleanse with psyllium husks



dietary supplement
HYPOALLERGENIC
100 vegetarian capsules

### Supplement Facts Serving Size 4 Capsules

Servings Per Container 25

Amount Per Serving % Daily Value\*

Vitamin C (as Ascorbic Acid) 150 mg 250%

Magnesium (as Magnesium Citrate) 75 mg 19%

 Psyllium Husk
 1700 mg
 †

 Activated Charcoal
 580 mg
 †

 Goldenseal (Root) Extract
 100 mg
 †

 Chlorophyll
 50 mg
 †

 Apple Pectin
 50 mg
 †

 Lactobacillus acidophilus
 50 Million
 †

† Daily Value not established. \* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

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