

New!

NATROL

# E-Z Sleep

Sleep Shot

Maximum Strength Melatonin 10 mg

- Fall Asleep Fast\*
- Scientifically Formulated to Promote Sleep\*
- 100% Drug-Free Sleep Aid



Mixed Berry

Dietary Supplement

4 - 1.9 fl. oz. (56 mL) - (7.6 fl. oz.)

#1 Selling Melatonin Brand in America<sup>^</sup>



Relax and fall asleep fast with this fast acting, great tasting liquid shot.<sup>†</sup>



Maximum Strength  
10 mg

**Melatonin** – Natural, 100% drug-free sleep aid that promotes more restful sleep with no morning grogginess.<sup>†</sup>



Clinical Strength  
200 mg

**L-Theanine** – Naturally occurring amino acid that promotes relaxation and feelings of calm.<sup>†</sup>



Vitamin B<sub>6</sub>

**Vitamin B6** – Essential vitamin that supports the body's production of melatonin.<sup>†</sup>

<sup>^</sup>Source: Nielsen sAOC.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: Drink 1 bottle 20 minutes before bedtime. No water necessary.

### Supplement Facts

Serving Size: 1 Bottle 1.9 fl. oz (56 mL)  
Servings Per Container: 1

Amount Per Serving		%DV
Calories	5	
Vitamin B6 (as Pyridoxine Hydrochloride)	5 mg	250%
Sodium	115 mg	5%
L-Theanine	200 mg	**
Melatonin	10 mg	**

\*\*Daily Value (DV) not established.

Other Ingredients: Purified Water, Sodium Citrate, Citric Acid, Natural Flavors, Sucralose, and Potassium Sorbate (to protect freshness).

Manufactured for NATROL LLC  
Chatsworth, CA 91311 • USA

1-800-2-NATROL (800-262-8765) [www.natrol.com](http://www.natrol.com)

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, or Artificial Colors or Flavors

**Warning:** If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

Store tightly closed in a dry place at room temperature (59-77 degrees F). Refrigerate after opening. KEEP OUT OF REACH OF CHILDREN.

## Sleep E-Z Tonight!

A good night's sleep helps improve:



IMMUNITY<sup>†</sup>



MEMORY<sup>†</sup>



PRODUCTIVITY<sup>†</sup>



POSITIVITY<sup>†</sup>

Let Natrol E-Z Sleep help you get the sleep you need and deserve.

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