

Supplement Facts

Serving Size 1 Teaspoon (5.84g)

Servings Per Container 85

Amount Per Serving	%DV
Creatine Monohydrate	5g **

****Daily Values (DV) are not established.**

OTHER INGREDIENTS: Natural & artificial blue raspberry flavor, citric acid, malic acid, acesulfame potassium, sucralose, FD&C blue #1. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: Mix 1 teaspoon in 14-16 ounces of your beverage of choice.

WARNINGS: Store product in a cool, dry place, away from heat, moisture, and sunlight. Keep out of reach of children. Before beginning any program, consult your health care practitioner.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



Formulated, Tested & Manufactured By:



New Brunswick, New Jersey 08901 • USA
800-USA-0101 • 732-545-3130
www.UniversalUSA.com



NEW!

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CREATINE™

BLUE RASPBERRY FLAVOR

Dietary Supplement

Net Wt 500g

Readily Absorbed Creatine Formula | Boosts Strength & Performance

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Universal's Creatine Powder™ provides the purest, most readily absorbed creatine formula available. Creatine serves as a high-energy bond in muscle and nerve tissues for the maintenance of ATP levels during muscular contraction. Studies report that the increase of creatine levels will help delay the onset of fatigue, increase energy metabolism in the cells, and enhance the body's overall training capability.† **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

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