



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium Citrate & Vitamin D

Dietary Supplement



250 tablets

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two tablets two times per day with water.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	400 IU	100%
Calcium (from calcium citrate)	630 mg	63%

Other ingredients: Hydroxypropyl methylcellulose, croscarmellose sodium, stearic acid, triacetin, titanium dioxide, magnesium silicate, microcrystalline cellulose (plant fiber), magnesium stearate, hydroxypropyl cellulose, modified food starch, silica, medium-chain triglycerides oil (coconut), carnauba wax, sucrose, sodium ascorbate, tocopherol.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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