

Supplement Facts

Serving Size 1 Level Scoop (12.72g) Servings Per Container ~30

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	16	Joint Construction Complex	3000mg	Turmeric Root (curcumin)	**
Total Fat	1g <2%*	Glucosamine (as HCl, sulfate 2KCl)	**	Boswellia Serrata Extract (gum) (boswellic acid)	**
Protein	4g 8%*	Methylsulfonylmethane (MSM)	**	Quercetin	**
Vitamin C (as ascorbic acid)	100mg 167%	Chondroitin Sulfate A (CSA)	**	Bromelain	**
Vitamin E (as d-alpha tocopherol succinate)	100IU 333%	Chondroitin Sulfate C (CSC)	**	Cetyl Myristoleate Proprietary Blend	
Zinc (as zinc oxide)	15mg 100%	Joint Lubrication and Support Complex	6000mg	(cetyl myristoleate**, cetyl myristate**, cetyl palmitate**, cetyl laurate**, cetyl palmitoleate**, cetyl oleate**)	
Selenium (as sodium selenite)	70mcg 100%	Collagen Hydrolysate	**	Hyaluronic Acid	**
Manganese (as manganese sulfate)	1mg 50%	Ginger Root (gingerols, shogaols)	**		

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

OTHER INGREDIENTS: Natural and artificial orange flavors, citric acid, malic acid, silicon dioxide, sucralose, acesulfame potassium, FD&C yellow #5, FD&C yellow #6. Contains: Soy and shellfish (crab/shrimp shell). Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: Unlike regular joint supplements, you only have to take a single daily dose of Animal Flex. Easy. Potent. Effective. Just take a serving of Animal Flex along with 10 oz. of your beverage of choice, with any meal during the day and you're set—doesn't matter which meal it is. That's it. As a "core" or foundational supplement, use Animal Flex daily—on both training and non-training days. No need to "cycle" it.

INGREDIENT NOTES: Cetyl Myristoleate is patented by EHP Products (U.S. Patent #5,569,676).

PRODUCT NOTES: If you're smart, don't just use Animal Flex when you got a problem. You can and should use to help prevent problems from arising in the first place. Think of Animal Flex as nutritional "insurance", like Animal Pak.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

OUR IRONCLAD GUARANTEE: Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



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FLEX

WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the needs and desires of pro bodybuilders, Animal has grown prodigiously over the decades. Today, Animal has stood the test of time and been proven in the trenches day in and day out. The name stands for trust, integrity and a no nonsense approach to the game. **WHAT ANIMAL FLEX® IS** Rock solid. No, we ain't talking about the thick slabs of meat that hang from your frame—those are easy to see, simple to assess. We're talking about your joints, bones, ligaments and other support structures that make lifting possible... The stuff you take for granted, what you can't see but can definitely feel when there's a problem. All too often, lifters focus only on building strength without thinking twice about the underlying support structure. Truth is, you are only as strong as your weakest link. If your weakest link are your joints, then you increase the risk of injury and that means you're out of the game.†

Dietary Supplement | 381.47 Grams The Complete Joint Support Stack Joint Construction | Joint Lubrication | Joint Support | Hyaluronic Acid | Flax G1717-G-34616