

Super Vitamin B Complex

Super Vitamin B Complex provides all eleven B-vitamins, including the co-enzyme forms of vitamins B2 and B6, and extra pantothenic acid.

Suggested Use

As a dietary supplement, 1 or 2 capsules two times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Developed by Stephen A. Levine, Ph.D.



Formulated exclusively for
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AllergyResearchGroup®

Super Vitamin B Complex



dietary supplement
HYPOALLERGENIC
120 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving	% Daily Value*	
Thiamine (as Thiamine Hydrochloride)	25 mg	1667 %
Riboflavin (as Riboflavin 5-Phosphate)	25 mg	1470 %
Niacin (as Niacinamide)	75 mg	375 %
Vitamin B6 (97% as Pyridoxine Hydrochloride and 3% as Pyridoxal-5-Phosphate)	51.5 mg	2575 %
Folic Acid	200 mcg	50 %
Vitamin B12 (as Cyanocobalamin)	100 mcg	1667 %
Biotin	100 mcg	33 %
Pantothenic Acid (as Calcium Pantothenate)	125 mg	1250 %
Choline Bitartrate	125 mg	†
Inositol	50 mg	†
PABA (Para-Aminobenzoic Acid)	50 mg	†

† Daily Value not established * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.