

For breast/bone health and relieving menopausal hot flashes*

CAUTION: Do not use if you are pregnant, nursing, attempting to become pregnant, an adolescent female or have a liver disorder. Discontinue use and consult a healthcare professional if you develop symptoms of liver trouble, such as abdominal pain, dark urine or jaundice. If you are taking any medications consult a healthcare professional before use. **Keep out of reach of children.**

◆ LN14536.A03 BLK8111A

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Way
EstroSoy™

Menopause Relief Blend*

60 VEGETARIAN CAPSULES
Dietary Supplement



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EstroSoy™ Difference

Fermented Soy

EstroSoy is made from fermented soybeans with a proprietary process.

Easily Utilized

Because EstroSoy contains fermented soy, it delivers isoflavones (genistein and daidzein).

With Black Cohosh

EstroSoy also contains black cohosh standardized extract to help relieve menopausal symptoms.*

GLUTEN FREE. Contains no sugar, salt, corn, wheat, yeast, dairy products, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store in a cool, dry place. Keep bottle tightly closed.

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- Black Cohosh Extract
- Fermented Soy

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RECOMMENDATION: Take 2 capsules daily with water.

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Supplement Facts

Serving Size 2 Capsules / Servings per Container 30

Amount Per Serving	% DV
Fermented Soy (bean) providing 6% isoflavones (40 mg)	670 mg **
Red Clover (blossom)	300 mg **
Black Cohosh Extract (root, rhizome) standardized to 2.5% triterpene glycosides (1 mg)	40 mg **

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate
Contains soy.

VEGETARIAN

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VEGETARIAN

Benefits of Soy

Soybeans contain phytoestrogen compounds called isoflavones, which help ease hormonal transition.*

Research shows that consuming a soy-rich diet supports:

- Breast and bone health.*
- Reduced incidence of hot flashes and other menopausal symptoms.*

The diets referred to in this research involve fermented soy found in foods such as natto, miso and tempeh. EstroSoy™ provides fermented soy in convenient vegetarian capsules.



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