



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Cod Liver Oil

Vitamin Supplement

250 softgels



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel three times per day with food and water.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
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Vitamin A USP	1,250 IU	25%
(from ecoMarine [®] Norwegian cod liver oil)		

Vitamin D USP	135 IU	34%
(from ecoMarine [®] Norwegian cod liver oil)		

ecoMarine [®] Norwegian Cod Liver Oil	350 mg	*
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Contains omega-3 fatty acids as triglycerides (TG)
[EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid), and other omega-3 fatty acids]

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com

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