



SWANSON[®]
PREMIUM BRAND

bringing wellness to the world since 1969

Timed-Release Vitamin C with Rose Hips

Vitamin Supplement

250 tablets • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet one to two times per day with water. Timed-release gradually over 6 to 8 hours.

Supplement Facts

Serving Size 1 Timed-Release Tablet

Amount Per Serving		% Daily Value
Vitamin C USP (as ascorbic acid)	500 mg	556%
Rose Hips (from concentrate)	50 mg	*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, hydroxypropyl cellulose, magnesium stearate, silica, hydroxypropyl methylcellulose, pharmaceutical glaze, magnesium silicate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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