Laxative Formula gently but effectively cleanses the intestinal surfaces and promotes bowel function without the use of stimulant laxatives, such as senna and cascara.* Laxative Formula works with the body's own elimination processes to safely promote bowel movements.*

Recommendations: Take 2 tablets at bedtime or as recommended by your healthcare professional. May increase to 3 tablets at bedtime, if needed. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.

Contains no sugar, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin.

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INTEGRATIVE

LAXATIVE FORMULA

60 TABLETS

STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE,

DIETARY SUPPLEMENT

Supplement Facts Serving Size 2 tablets Servings per container 30		
Amount per 2 tablets Servings		%DV**
Total Carbohydrate	<1 g	<1%**
Dietary Fiber	<1 g	3%**
Sodium	5 mg	<1%**
Magnesium Hydroxide	1.7 g	***
Proprietary Mucilage Blend marshmallow (<i>Althaea officinalis</i>) root extract, slippery elm (<i>Ulmus rubra</i>) bark, and fenugreek (<i>Trigonella foenum- graecum</i>) seed extract	433 mg	***
Proprietary Soothing Blend fennel (<i>Foeniculum vulgare</i>) seed, ginger (<i>Zingiber officinale</i>) rhizome extract, and peppermint (<i>Mentha x piperita</i>) leaf	100 mg	***
Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value not established.		

Other ingredients: cellulose, modified cellulose gum, stearic acid, modified cellulose, magnesium stearate, silicon dioxide, soy lecithin, vegetable glycerin, and camauha wax

Warnings: Consult a healthcare professional if a sudden change in bowel habits occurs and persists for two weeks, if taking prescription frugs, have galstone or bile duct obstruction. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition, discontinue use and consult a healthcare professional. Do not use if pregnant or nursing. Unless directed by a healthcare professional, do not use laxative products when abdominal pain, nausea, or vomiting is present, or if you have kidney disease. Do not take more than three tablets in a 24-hour period or use the maximum dosage for more than two weeks. Laxative products are not intended for long-term use, unless directed by a healthcare professional.