



SWANSON[®]

BEST WEIGHT-CONTROL FORMULAS

Tonalin[®] CLA

Dietary Supplement

The healthy edge your body needs!

90 softgels • 1,000 mg

• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel two to three times per day with water before meals. Do not combine with chitosan-based weight-loss products.

WARNING: Not intended for use by anyone under the age of 18. Consult your healthcare provider before use if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%

Tonalin[®] Proprietary Fatty Acid Blend (from safflower oil) [containing minimum 78% conjugated linoleic acid (CLA)]

Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Gelatin, glycerin, caramel, purified water.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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Tonalin[®]



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