

PRO PERFORMANCE® BCAA

RESULTS

Branched Chain Amino Acids (BCAA) are essential amino acids that are part of muscle protein. The body uses BCAA during exercise to help fuel muscles, preserve muscle glycogen stores and reduce the amount of protein breakdown.^*

The 3:1:1 ratio of L-Leucine, L-Isoleucine and L-Valine is micronized from large molecules into smaller particles for easier absorption, maximizing delivery as you strive to achieve new performance levels.*

QUALITY

This formula is tested and certified Banned Substance Free. It is gluten free and mixes easily with a simple stir, shake or blend.

^ When used in conjunction with an exercise program.

INFORMED-CHOICE

TRUSTED BY SPORT

✓

ORG

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.

*Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #CP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

PRO PERFORMANCE

5000MG
BRANCHED CHAIN AMINO ACIDS

BCAA

Muscle Fuel^*
Micronized for Faster Delivery

DIETARY SUPPLEMENT
50 SERVINGS

Net Wt 9.35 oz (265 g)

UNFLAVORED



CODE 386492 LRG
DIRECTIONS: As a dietary supplement, mix 1-2 scoops (5.3 g-10.6 g) with 6-12 fl. oz. of water, juice or your favorite sports drink. On training days, enjoy pre-, during or post-workout. On non-training days, enjoy 1-2 servings between meals.

Supplement Facts	
Serving Size One Scoop (5.3 g) Servings Per Container 50	
Amount Per Serving	
Micronized L-Leucine	3000 mg *
Micronized L-Isoleucine	1000 mg *
Micronized L-Valine	1000 mg *
* Daily Value not established.	

OTHER INGREDIENTS: Lecithin.
CONTAINS: Soybeans.
NOTICE: Significant product settling may occur.



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

