

**60g**  
PROTEIN

FEATURING **100% WHEY\***  
\*PER 2 SCOOPS

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**BANANA CRÈME**  
Naturally & Artificially Flavored

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**YOU GIVE 100% IN TRAINING:** BODY FORTRESS® GIVES YOU 100% RIGHT BACK. SUPER ADVANCED WHEY PROTEIN FEATURES 100% PREMIUM WHEY ENHANCED WITH CREATINE AND OTHER CRITICAL AMINO ACIDS. OUR NO-NONSENSE FORMULA GIVES YOU THE POWER TO TRAIN HARDER AND REBUILD LEAN MUSCLE FASTER, BECAUSE TOMORROW'S WORKOUT STARTS WITH TODAY'S RECOVERY.\*◇

**PREMIUM WHEY PROTEIN TO BUILD LEAN MUSCLE & STRENGTH**◇

**AMINO ACIDS – PLUS CREATINE FOR IMPROVED TRAINING RECOVERY**\*◇

**12g OF NATURALLY OCCURRING BCAAs FROM PROTEIN\***

**CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS**

**SUPER ADVANCED WHEY PROTEIN** FEATURES 100% PREMIUM WHEY AND UNLIKE KEY COMPETITORS OUR FORMULA CONTAINS ZERO ADDED SOY PROTEIN.△ WHEY PROTEIN IS THE PREFERRED SOURCE FOR SPORTS NUTRITION AS IT PROVIDES A HIGHER CONCENTRATION OF BCAAs ESSENTIAL FOR SUPPORTING STRENGTH AND TRAINING PERFORMANCE.◇

**WHEY BETTER WITH BODY FORTRESS®**

	Body Fortress® Super Advanced Whey	COMPETITOR #1	COMPETITOR #2
<b>PROTEIN PER SERVING</b>	<b>30g</b>	<b>30g</b>	<b>25g</b>
Features <b>100% WHEY</b> PROTEIN	●	●	●
Enhanced with a Non-Proprietary Blend of <b>CREATINE &amp; AMINO ACIDS</b>	●	†	●
Contains <b>ZERO ADDED</b> SOY PROTEIN △	●	●	●
Contains <b>ZERO ADDED</b> CORN SYRUP SOLIDS	●	●	●

† contains proprietary amino acid blend

**PRE:**



**HAVE YOU MADE NOS BLAST PART OF YOUR TRAINING?**

**ADD NOS BLAST** to your pre-workout routine and start pushing the limits of your training. Our high-powered formula is designed to deliver enhanced mental focus, increased strength, and explosive energy through your workout.◇

Make every workout your best performance with NOS Blast.

\*PER 2 SCOOPS

**BODY FORTRESS®**

**SUPER ADVANCED**

**WHEY PROTEIN**

FEATURES 100% PREMIUM WHEY  
ZERO ADDED SOY PROTEIN△

**60g** | **12g**  
PROTEIN\* | BCAAs\*

**BANANA CRÈME**  
Naturally & Artificially Flavored

\*PER 2 SCOOPS

**BUILD LEAN MUSCLE & STRENGTH**◇

**BOOST POST-WORKOUT RECOVERY**◇

**ZERO ASPARTAME- ZERO GLUTEN**

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**Supplement Facts**

	1 Scoop (49 g) about 19	2 Scoops (98 g) about 9
<b>Amount Per Serving</b>	<b>%Daily Value</b>	<b>%Daily Value</b>
Calories	200	400
Calories from Fat	30	70
Total Fat	3.5 g 5%**	7 g 11%**
Saturated Fat	1.5 g 8%**	3.5 g 18%**
Cholesterol	85 mg 28%	170 mg 57%
Total Carbohydrate	8 g 3%**	15 g 5%**
Sugars	4 g ***	7 g ***
Protein	30 g 60%**	60 g 120%**
Calcium	169 mg 17%	338 mg 34%
Phosphorus	150 mg 15%	300 mg 30%
Magnesium	25 mg 6%	50 mg 13%
Sodium	80 mg 3%	160 mg 7%
Potassium	280 mg 8%	560 mg 16%
Super Recovery Blend	4.5 g ***	9 g ***
Creatine Monohydrate	1.5 g ***	3 g ***
Taurine	1.5 g ***	3 g ***
L-Glutamine	1.5 g ***	3 g ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**OTHER INGREDIENTS:** Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Natural and Artificial Flavors, Cellulose Gum, Acesulfame Potassium, Sucralose, Soy Lecithin, Beta-Carotene (color). Contains milk and soy ingredients. △Contains soy lecithin for enhanced mixability.

**TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP\*\*\*\*)**

ESSENTIAL AMINO ACIDS		NONESENTIAL AMINO ACIDS	
Histidine	531 mg	Alanine	1,506 mg
Isoleucine	1,769 mg	Arginine	849 mg
Leucine	3,046 mg	Aspartic Acid	3,134 mg
Lysine	2,975 mg	Cysteine	704 mg
Methionine	658 mg	Glutamic Acid	6,500 mg
Phenylalanine	951 mg	Glycine	550 mg
Threonine	2,015 mg	Proline	1,766 mg
Tryptophan****	526 mg	Serine	1,539 mg
Valine	1,575 mg	Tyrosine	910 mg

\*\*\*\*L-Tryptophan is naturally occurring, not added.  
\*\*\*\*\*approximate values

**BODY FORTRESS®**

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit [www.bodyfortress.com](http://www.bodyfortress.com).

**Directions:** For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

◇These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



**GLUTEN FREE**



from select ingredients from around the world.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

