

USAGE: Take 3 capsules per day or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Mushroom Optimizer® is a superior blend of 7 mushroom species grown on organic brown rice. The mushrooms are specifically selected to complement each other in supporting the immune system, cell function and endurance.*

Mushroom Optimizer® contains biologically active folate 5-MTHF (5-methyltetrahydrofolate) along with a spectrum of polysaccharides, to support immune function, promote healthy cell replication, and increase energy.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PROD # 117012

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Jarrow FORMULAS®

Rich in 5-MTHF, Activated Folates

Mushroom Optimizer®

7 Mushroom Super Blend

Grown on Organic Brown Rice

**Supports Immune Function*
Enhances Energy Level***

**90 Capsules
Dietary Supplement**

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Folic Acid and 5-MTHF (5-methyltetrahydrofolate)	90 mcg	23%
Mushroom Blend	1500 mg	
<i>Cordyceps sinensis</i> (Cordyceps)		
<i>Tremella fuciformis</i> (White Wood Ear)		
<i>Coriolus versicolor</i> (Turkey Tail, Yun Zhi)		
<i>Ganoderma lucidum</i> (Ling-Zhi, Reishi)		
<i>Grifola frondosa</i> (Maitake)		
<i>Lentinula edodes</i> (Shiitake)		
<i>Agaricus blazei</i> (Himematsutake)		

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and dicalcium phosphate. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

U.S. Patent # 7,354,590

Lot #. Best Used Before:

Distributed Exclusively by:
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