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integrativepro.com.

Warning: This product should not be consumed by children under the age of 12 years or by pregnant or nursing women. Some may experience gastrointestinal (GI) upset including abdominal cramping, nausea, or diarrhea while taking this product. As with any supplement, if discomfort persists discontinue use. Those suffering from GI disorders such as ulcers, irritable bowel syndrome, Crohn's disease, ulcerative colitis, or celiac disease, should not use 5-HTP. Those taking prescription anti-depressants should not use 5-HTP. Do not take this product if you have or are taking medications for epilepsy, scleroderma, or Parkinson's disease. This product may cause drowsiness and should not be used while driving or operating heavy equipment. If you are taking any medication, or have high blood pressure, consult your healthcare professional before use.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial colors, flavors or preservatives.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ELE-MAX®

MOOD BALANCE

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 capsules

Servings per container 30

Amount per 2 capsules		%DV
Niacin (as Niacinol™)	100 mg	500%
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg	500%
Folate (as Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	400 mcg	100%
Glycine	400 mg	**
L-Tyrosine	300 mg	**
Green Tea (<i>Camellia sinensis</i>) Leaf Extract	200 mg	**
5-HTP (5-hydroxytryptophan)	100 mg	**
Ginkgo (<i>Ginkgo biloba</i>) Leaf Extract 24% ginkgo flavonglycosides	80 mg	**
Eleuthero (<i>Eleutherococcus senticosus</i>) Root Extract (1.2% eleutherosides)	50 mg	**
Forskohlii (<i>Plectranthus barbatus</i>) Root Extract (10% forskolin)	30 mg	**

**Daily Value (DV) not established.

Other ingredients: hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, ascorbyl palmitate

Recommendation: Take 2 capsules daily, or as recommended by your healthcare professional.

Niacinol™ is our preparation of "flush free" inositol hexaniacinate.

Quatrefolic® is a registered trademark of Gnosis S.p.A.