

For more information, please visit
integrativepro.com.

Recommendations: Take 1 capsule one
to three times daily before meals, or
as recommended by your healthcare
professional.

Contains no sugar, salt, yeast, wheat, gluten,
corn, soy, dairy products, artificial coloring,
artificial flavoring, preservatives, or ingredients
of animal origin.

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◆ L2246003.A02 (B070118A)



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



5-HTP

5-HYDROXYTRYPTOPHAN

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 capsule

Amount per capsule

L-5-Hydroxytryptophan	50 mg**
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**Daily Value not established.

Other ingredients: rice flour and vegetable capsule
(modified cellulose).

Warning: This product should not be consumed by
children under the age of 12 years or by pregnant
or lactating women. Some may experience
gastrointestinal (GI) upset including abdominal
cramping, nausea or diarrhea while taking this
product. As with any supplement, if discomfort
persists discontinue use. Those suffering from GI
disorders such as ulcers, irritable bowel disease,
Crohn's disease, ulcerative colitis, or celiac disease,
should not use 5-HTP. Those taking prescription
anti-depressants should not use 5-HTP. Do not take
this product if you have or are taking medications for
epilepsy, scleroderma, or Parkinson's disease. This
product may cause drowsiness and should not be
used while driving or operating heavy equipment.