

Warning: Do not use this product if pregnant or nursing. Do not use alcohol while using this product as it has sedative properties. Do not operate heavy equipment/machinery or drive while using this product. If taking prescription drugs or tranquilizers, consult your healthcare professional prior to use.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial colors, flavors, preservatives or ingredients of animal origin.

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GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



SEDAPLEX®

RESTFUL SLEEP SUPPORT

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 capsules

Servings per container 30

Amount per 2 capsules		%DV
Total Carbohydrate	<1 g	<1%†
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	15 mg	750%
Calcium (as calcium citrate)	25 mg	3%
Magnesium (as magnesium oxide)	25 mg	6%
Valerian (<i>Valeriana officinalis</i>) Root Extract (standardized to contain 0.8% valerenic acids)	200 mg	**
Hops (<i>Humulus lupulus</i>) Strobile Extract	150 mg	**
Jujube (<i>Ziziphus jujuba</i>) Seed Extract (standardized to contain 2% triterpene saponins)	150 mg	**
Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (standardized to contain 4% flavonoids)	125 mg	**
Skullcap (<i>Scutellaria lateriflora</i>) Aerial Parts Extract	125 mg	**
L-Theanine (Suntheanine® brand)	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: hydroxypropyl methylcellulose (vegetable capsule), cellulose, calcium laurate

Recommendation: For daytime use, take 1 to 2 capsules daily or for nighttime use, take 1 to 2 capsules one-half hour before bedtime, or as recommended by your healthcare professional.