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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

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Distributed by: General Nutrition Corporation Pittsburgh, PA 15222

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you are placehoren to product that is right for you.





Ultra Mega® Green

Whole Food Enhanced Multivitamin

Made with cultured vitamins and minerals, clinically studied ingredients and fruits and vegetables.

WOMEN'S HEALTH

Contains essential vitamins and minerals for overall health. Enhanced with cranberry for urinary health and iron for energy support and muscle function.*

MEART

Supports heart health and cardiovascular function.*

BONE

Includes nutrients essential for building and maintaining healthy bones.*

BEAUTY

Packed with antioxidants to defend against cell aging and lutein for skin hydration.*

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC SUPER FOODS

ULTRA MEGA° GREEN Women's

DIETARY SUPPLEMENT

WHOLE FOOD ENHANCED MULTIVITAMIN

Provides heart, bone and beauty support*



FREE



FORMULA





CLINICALLY RESEARCHED



CODE 203322

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin A	5000 IU	100%
Vitamin C	100 mg	167%
Vitamin D	1000 IU	250%
Vitamin E	30 IU	100%
Vitamin K	80 mcg	100%
Thiamin (Vitamin B-1)	5 mg	333%
Riboflavin (Vitamin B-2)	5 mg	294%
Niacin	25 mg	125%
Vitamin B-6	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12	150 mcg	2500%
Biotin	300 mcg	100%
Pantothenic Acid	25 mg	250%
Calcium	50 mg	5%
Iron	18 mg	100%
lodine	150 mcg	100%
Magnesium	25 mg	6%
Zinc	20 mg	133%
Selenium	200 mcg	286%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%

Amount Per Serving % Daily Value Fruit & Vegetable 100 mg *

Antioxidant Blend Spectra™ Total OBAC Blend of: Green Coffee Extract Broccoli Sprout Powder Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract Camu Camu Extract Quercetin Tomato Powder Broccoli Powder Acai Fruit Powder Turmeric Root Extract, Garlic Powder, Basil Leaf Powder Oregano Leaf Powder Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, langosteen Fruit Powder, Black Currant Fruit Extract Blueherry Fruit Extract Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder Spinach Leaf Powder Kale Leaf Powder Bilberry Fruit Extract, Brussels Sprout Powder vconene (from Tomato) eaxanthin (as Zeaxanthin Isomers) 400 mcg Women's Health & Beauty Blend 17 mg Cranberry Fruit Extract. Horse Chestnut Seed. Lutemax® 2020 Lutein Digestive Health & Comfort Blend 20 mg Ginger Root Extract (5% Gingerols = 0.50 mg) Cellulase, Bromelain, and Papain

Daily Value not established.

Other Ingredients: Celulose, Ferrous Sulfate HPC', Niccinamide', Ascotic Acid', Calcium Carbonale, Calcium Ascotbate, Zinc Oxide', d-alpita Tocopherol, Selenium Yeast, d-Calcium Pantothenate', Stearic Acid Vegetable Source, Magnesium Oxide, Dicalcium Phosphate, Pyridoxine Hydrochloride, Silicon Dioxide, Copper Sulfate', Magnesium Stearate Vegetable Source, Manganese Sulfate', Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Zinc Oxide, Riboflavin', Ergocabiferol, Pyridoxine Hydrochloride', Villamin A Palmitate', Thiamin Hydrochloride', Niacinamide, Phytonadione, Phytonadione', Magnesium HPC', Folic Acid', Potassium Dodde, Thiamin Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin, Siotin, Sodium Selenate', Copper Sulfate, Chromium Chloride', Folic Acid, Sodium Mohydiate', Mohydenum HPC', Cyanocobalamin', Titanium Dioxide (Natural Mineral Whitener), Chronorbi^{vill}

*Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin)

†HPC (Hydrolyzed Protein Chelate)

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.