



Nothing fishy about it,  
Ovega-3® is the better choice

Ovega-3® is an all vegetarian/vegan Omega-3 supplement containing both DHA and EPA Omega-3 fatty acids to support heart, brain, eye and overall health.\*

Ovega-3® contains 500mg of Omega-3s in every softgel, higher than most high concentration Krill Oil options in the market.<sup>5</sup> And because Ovega-3® contains DHA+EPA Omega-3s (not found in flax or chia seed oils), it provides a true vegetarian alternative to Fish Oil.

OVEGA-3® is:  
GMO-FREE  
GLUTEN-FREE<sup>‡</sup>  
SOY-FREE  
LACTOSE-FREE  
SUGAR-FREE.<sup>†</sup>



<sup>5</sup> versus leading standard krill oil brand based on Nielsen data  
† Not a reduced calorie food.

<sup>‡</sup> Meets the FDA's guidelines for gluten-free.

Ovega-3® and life's™ OMEGA are trademarks of DSM.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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ONLY 1  
PER DAY!

Actual Size

- 5X MORE Omega-3 per mg vs. standard pure Krill Oil<sup>5</sup>
- Vegan, Sustainable Source
- No Fishy Aftertaste

**Storage Conditions:** Store at room temperature. Do not expose to excessive heat, humidity, or direct sunlight.



500MG OMEGA-3S  
>80% DHA+EPA

SUPPORTS



HEART  
HEALTH\*



BRAIN  
HEALTH\*



EYE  
HEALTH\*



OVERALL  
HEALTH\*

NO FISH = No fishy aftertaste

30 Vegetarian Softgels  
Omega-3 Supplement

ONLY 1  
PER DAY!

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## Supplement Facts

Serving Size: One (1) Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1g	1%**
Total Carbohydrate	0g	0%**
Total Sugars	0g	†
Incl. 0g Added Sugars	0%**	
Sugar Alcohol	<1g	†
Omega-3 fatty acids (from Algal Oil)	500mg	†
DHA (docosahexaenoic acid)	270mg	†
EPA (eicosapentaenoic acid)	135mg	†

\*\*Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

**Ingredients:** Algal Oil (which contains high oleic sunflower oil, rosemary extract, antioxidants [tocopherols and ascorbyl palmitate]), Corn Starch, Glycerin (from palm oil), Sorbitol, Carrageenan, Purified Water, Beta Carotene, and Caramel Color.

**Distributed by** i-Health, Inc.

55 Sebethe Drive, Cromwell, CT 06416

**Directions:** For use as a dietary supplement, take one softgel per day.

For questions, concerns, or to report an adverse event, please call (800) 722-3476.

[www.ovega.com](http://www.ovega.com)

Consult your physician before using this product if you are taking blood medications such as anticoagulants or blood thinners, have a bleeding disorder, or anticipate surgery.

**Keep out of reach of children**, as with any dietary supplement, please inform your healthcare professional before use.