

Ovega-3® is an all-vegetarian/vegan DHA+EPA Omega-3 supplement from a safe and naturally sourced plant (algae); **not fish**.



Ovega-3® contains 500mg of Omega-3s in every softgel, higher than most high concentration Krill Oil options in the market.<sup>†</sup> And because Ovega-3® contains DHA+EPA Omega-3s (not found in flax or chia seed oils), it provides a true vegetarian alternative to Fish Oil. Ovega-3® is **GMO-FREE, GLUTEN-FREE,<sup>‡</sup> SOY-FREE, LACTOSE-FREE AND SUGAR-FREE<sup>†</sup>**

Do not use this product if safety seal bearing "SEALED for YOUR PROTECTION" under cap is missing or torn.

**Storage Conditions:** Store at room temperature. Do not expose to excessive heat, humidity, or direct sunlight.

For questions, concerns, or to report an adverse event, please call (800) 722-3476. [www.ovega.com](http://www.ovega.com)

<sup>†</sup> vs. leading krill oil brand based on Nielsen data.

<sup>‡</sup> Not a reduced calorie food.

<sup>††</sup> Meets the FDA's guidelines for gluten-free.

Ovega-3® and life's™ OMEGA are trademarks of DSM.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



# Supplement Facts

Serving Size: One (1) Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1g	1% <sup>**</sup>
Total Carbohydrate	0g	0% <sup>**</sup>
Total Sugars	0g	†
Incl. 0g Added Sugars		0% <sup>**</sup>
Sugar Alcohol	<1g	†
Omega-3 fatty acids (from Algal Oil)	500mg	†
DHA (docosahexaenoic acid)	270mg	†
EPA (eicosapentaenoic acid)	135mg	†

<sup>\*\*</sup>Percent Daily Value based on a 2,000 calorie diet.

<sup>†</sup> Daily Value not established.

**Ingredients:** Algal Oil (which contains high oleic sunflower oil, rosemary extract, antioxidants [tocopherols and ascorbyl palmitate]), Corn Starch, Glycerin (from palm oil), Sorbitol, Carrageenan, Purified Water, Beta Carotene, and Caramel Color.

Distributed by I-Health, Inc. 55 Sebethe Drive, Cromwell, CT 06416

**Directions:** For use as a dietary supplement, take one softgel per day

**MADE IN THE USA with US and imported materials.**

Consult your physician before using this product if you are taking medications such as anticoagulants or blood thinners, have a bleeding disorder, or anticipate surgery.

**Keep out of reach of children.** As with any dietary supplement, please inform your healthcare professional before use.

**EXP:**

**Area**

**LOT:** Non-Varnish