

Directions: Adult females take one (1) tablet daily with food. Do not exceed recommended dose. Consult your physician for supplements and medications you take with your health care provider.

Supplement Facts **Sharp®** **Country Life®**

Amount Per Serving % Daily Value

Enzyme Blend providing:

- Protease (from Aspergillus oryzae) 154 I.U.
- Amylase (from Aspergillus oryzae) 53 D.U.
- Lipase (from Rhizopus oryzae) 1.5 L.U.
- Cellulase (from Trichoderma reesei) 0.62 C.U.
- Lactase (from Aspergillus oryzae) 23.45 Lac.U.

Proprietary Probiotic Blend from:

- Lactobacillus rhamnosus 420,000 CFU*
- Lactobacillus acidophilus 360,000 CFU*
- Bifidobacterium lactis 360,000 CFU*
- Bifidobacterium longum 120,000 CFU*

Inositol (as inositol, inositol hexanicofate) 54 mg *

Sharp® PS-50 GOLD Conjugated PS-59A (phytylphosphatidylserine-docosahexaenoic acid complex) from soy lecithin and fish extracts blue whiting, herring (standardized at 40% PS) to equal 25 mg 8% DHA & 10% EPA

- Betaine (as betaine hydrochloride) 38 mg *
- Cosin Bioflavonoid Complex (from lemon, orange and grapefruit/fruit) 25 mg *
- Choline (from 30 mg choline bitartrate) 12 mg *

* Daily Value not established.

** Viable cell count at the time of manufacture.

Other Ingredients: Cellulose, L-Leucine, cellulose & glycerin coating, silica, gum arabic, sunflower oil, corn starch, maltodextrin, vegetable glyce, natural flavor. Contains milk, soy and fish (blue whiting, herring).

H.U. - Haemoglobin Units D.U. - Dextrinizing Units L.U. - Lipase Units C.U. - Cellulase Units Lac.U. - Lactase Units

† Country Life always labels minerals in elemental weight.

Keep out of the reach of children.

See box for Lot No. and Best by Date information.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG NO WHEAT

YES RECYCLABLE PACKAGING NO PRESERVATIVES OR ARTIFICIAL COLORS

YES MANUFACTURING SUPPLIES WIND POWER NO ARTIFICIAL FLAVORS OR SWEETENERS

NO MAGNESIUM STERATE

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Sharp® PS-50 GOLD is a registered trademark of Enzymotec Ltd. FruiteX® B (US #5962049) is a registered trademark and is licensed exclusively from VDF FutureCeuticals, Inc. VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc. used under license. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTivaBee® is a registered trademark of Allobcorp, Inc.

Manufactured by Country Life, LLC
160 Vanderbilt Motor Parkway
Hawthorne, NJ 07095 (USA)
CountryLifeVitamins.com
©2017 Country Life®
Product No. 8196

03E17M

Country Life®'s Core Daily®-1 line makes taking daily supplements even easier. With just one easy to swallow tablet, you get more than just a simple multivitamin. Core Daily®-1 Multivitamins contain Probiotics, Whole Foods, Aloe, B Vitamins, enzymes and more. Instead of 6 different pill bottles and boxes, it's just one comprehensive tablet to help you with versatile, across the board nutritional support. ***

This formula is specifically designed with Women over 50's health in mind. It includes ingredients like Whole Fruit Cranberry and 100% Inner Fillet ACTivaBee®. Core Daily®-1 Women's 50+ provides daily support for basic nutritional needs.

All Country Life Core Daily®-1 Multivitamins include...

- A comprehensive Whole Foods blend of over 30 different raw fruits, vegetables, legumes, sprouts, grains, and super foods.
- "Coenzymated" essential B-Vitamins in a body-ready state to support energy production and metabolism.
- Unique digestive enzymes along with a full spectrum probiotic blend.
- 100% Inner Fillet of ACTivaBee® Aloe Vera.

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Sharp® PS-50 GOLD is a registered trademark of Enzymotec Ltd. FruiteX® B (US #5962049) is a registered trademark and is licensed exclusively from VDF FutureCeuticals, Inc. VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc. used under license. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTivaBee® is a registered trademark of Allobcorp, Inc.

Manufactured by Country Life, LLC
160 Vanderbilt Motor Parkway
Hawthorne, NJ 07095 (USA)
CountryLifeVitamins.com
©2017 Country Life® - Product No. 8196

CORE Daily-1
MULTIVITAMINS

1 DAILY WOMEN 50+
Certified Gluten-Free

One Tablet includes:

- 200+ mg of Women's Health Blend
- Over 30 Raw Whole Foods
- "Coenzymated" B Vitamins for Energy**
- AND Probiotics, Digestive Enzymes, and Aloe

Dietary Supplement 60 Tablets 2 Month Supply

— Our PLEDGE of INTEGRITY —
EFFORTLESSLY REPRODUCIBLE, PREVENTION, CONSISTENCY & ACCURACY

Serving Size 1 tablet

Amount Per Serving % Daily Value

Enzyme Blend providing:

- Protease (from Aspergillus oryzae) 154 I.U.
- Amylase (from Aspergillus oryzae) 53 D.U.
- Lipase (from Rhizopus oryzae) 1.5 L.U.
- Cellulase (from Trichoderma reesei) 0.62 C.U.
- Lactase (from Aspergillus oryzae) 23.45 Lac.U.

Proprietary Probiotic Blend from:

- Lactobacillus rhamnosus 420,000 CFU*
- Lactobacillus acidophilus 360,000 CFU*
- Bifidobacterium lactis 360,000 CFU*
- Bifidobacterium longum 120,000 CFU*

Inositol (as inositol, inositol hexanicofate) 54 mg *

Sharp® PS-50 GOLD Conjugated PS-59A (phytylphosphatidylserine-docosahexaenoic acid complex) from soy lecithin and fish extracts blue whiting, herring (standardized at 40% PS) to equal 25 mg 8% DHA & 10% EPA

- Betaine (as betaine hydrochloride) 38 mg *
- Cosin Bioflavonoid Complex (from lemon, orange and grapefruit/fruit) 25 mg *
- Choline (from 30 mg choline bitartrate) 12 mg *

* Daily Value not established.

** Viable cell count at the time of manufacture.

Other Ingredients: Cellulose, L-Leucine, cellulose & glycerin coating, silica, gum arabic, sunflower oil, corn starch, maltodextrin, vegetable glyce, natural flavor. Contains milk, soy and fish (blue whiting, herring).

H.U. - Haemoglobin Units D.U. - Dextrinizing Units L.U. - Lipase Units C.U. - Cellulase Units Lac.U. - Lactase Units

† Country Life always labels minerals in elemental weight.

Keep out of the reach of children.

See box for Lot No. and Best by Date information.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG NO WHEAT

YES RECYCLABLE PACKAGING NO PRESERVATIVES OR ARTIFICIAL COLORS

YES MANUFACTURING SUPPLIES WIND POWER NO ARTIFICIAL FLAVORS OR SWEETENERS

NO MAGNESIUM STERATE

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Sharp® PS-50 GOLD is a registered trademark of Enzymotec Ltd. FruiteX® B (US #5962049) is a registered trademark and is licensed exclusively from VDF FutureCeuticals, Inc. VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc. used under license. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTivaBee® is a registered trademark of Allobcorp, Inc.

Manufactured by Country Life, LLC
160 Vanderbilt Motor Parkway
Hawthorne, NJ 07095 (USA)
CountryLifeVitamins.com
©2017 Country Life®
Product No. 8196

03E17M

Country Life®'s Core Daily®-1 line makes taking daily supplements even easier. With just one easy to swallow tablet, you get more than just a simple multivitamin. Core Daily®-1 Multivitamins contain Probiotics, Whole Foods, Aloe, B Vitamins, enzymes and more. Instead of 6 different pill bottles and boxes, it's just one comprehensive tablet to help you with versatile, across the board nutritional support. ***

This formula is specifically designed with Women over 50's health in mind. It includes ingredients like Whole Fruit Cranberry and 100% Inner Fillet ACTivaBee®. Core Daily®-1 Women's 50+ provides daily support for basic nutritional needs.

All Country Life Core Daily®-1 Multivitamins include...

- A comprehensive Whole Foods blend of over 30 different raw fruits, vegetables, legumes, sprouts, grains, and super foods.
- "Coenzymated" essential B-Vitamins in a body-ready state to support energy production and metabolism.
- Unique digestive enzymes along with a full spectrum probiotic blend.
- 100% Inner Fillet of ACTivaBee® Aloe Vera.

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Sharp® PS-50 GOLD is a registered trademark of Enzymotec Ltd. FruiteX® B (US #5962049) is a registered trademark and is licensed exclusively from VDF FutureCeuticals, Inc. VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc. used under license. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTivaBee® is a registered trademark of Allobcorp, Inc.

Manufactured by Country Life, LLC
160 Vanderbilt Motor Parkway
Hawthorne, NJ 07095 (USA)
CountryLifeVitamins.com
©2017 Country Life® - Product No. 8196

CORE Daily-1
MULTIVITAMINS

1 DAILY WOMEN 50+
Certified Gluten-Free

One Tablet includes:

- 200+ mg of Women's Health Blend
- Over 30 Raw Whole Foods
- "Coenzymated" B Vitamins for Energy**
- AND Probiotics, Digestive Enzymes, and Aloe

Dietary Supplement 60 Tablets 2 Month Supply

— Our PLEDGE of INTEGRITY —
EFFORTLESSLY REPRODUCIBLE, PREVENTION, CONSISTENCY & ACCURACY

Supplement Facts

Serving Size 1 tablet

Amount Per Serving % Daily Value

Vitamin A (as beta carotene, natural mixed carotenoids) 2,500 I.U. 50%

Vitamin C (as ascorbic acid, amla extract) 100 mg 167%

acornia berry extract

Vitamin D (as (E, Z) cholecalciferol) 800 I.U. 200%

Vitamin E (as d-alpha tocopheryl acid succinate) 50 I.U. 167%

Vitamin K (as phytylphosphatide (K1), menaquinone (K2)) 81 mcg 101%

Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine coenzyme (thiamine)) 5 mg 333%

Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate) 5 mg 294%

Niacin (as niacin hexanoate) 20 mg 100%

Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate) 5 mg 250%

Folic Acid 400 mcg 100%

Vitamin B12 (as cyanocobalamin, methylcobalamin) 500 mcg 8,333%

Biotin (as d-Biotin) 300 mcg 100%

Pantothenic Acid (as calcium D-pantothenate, panthenol) 25 mg 26%

Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium D-pantothenate, calcium fructoborate) 220 mg 22%

Phosphorus (as calcium hydroxyapatite) 102 mg 10%

Magnesium (as magnesium oxide, chelate) 100 mg 25%

Zinc (as zinc monomethionine) 5 mg 33%

Selenium (as selenomethionine) 70 mcg 100%

Copper (as copper amino acid chelate (rice based)) 0.9 mg 45%

Manganese (as manganese amino acid chelate (rice based)) 2 mg 100%

Chromium (as chromium picolinate) 50 mcg 42%

Molybdenum (as molybdenum amino acid chelate (rice based)) 25 mcg 33%

Potassium (as potassium citrate) 10 mg <1%

Proprietary Women's Health Blend: 200 mg

Cranberry Plus Blend:

Organic Cranberry, VitaBerry® Plus Fruit Blend (Dried Seed Extract, Wild Blueberry, Wild Elderberry, Cranberry, Tart Cherry, Raspberry Seed, Strawberry, Raspberry from polydiphenyl capsaicin (red), Quercetin (from asphora japonica (millet/flower), Pomaragrate Concentrate, Elagic Acid (from punica granatum (pomegranate)), Calcium fructoborate (FruiteX® B1) (providing 2 mg Biotin))

Fermented Organic Whole Food Blend:

Organic Whole Vegetables (organic kale, organic pumpkin, organic red radish sprout, organic broccoli sprout, organic dill, organic collard sprout, organic spinach, organic bean, organic broccoli, organic pea)

Organic Whole Fruit (organic cranberry, organic acai, organic blueberry, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic pomegranate, organic banana, organic mango)

Organic Whole Legumes and Grains (organic actual bean, organic lentil bean, organic quinoa sprout powder, organic millet sprout)

Organic Super Foods (organic ginger, organic chlorella, organic spirulina)

Organic Rice (ACTivaBee®) (100% inner fillet of leaf)

Also try our Award winning SharpThought®

- Triple Action!
- Supports Increased Mental Clarity***
- Supports Memory**
- Supports Faster Recall***

†Based on 3 capsules daily

Country Life is passionate about helping you live a healthy, active life.

This extends into the environment we live in and the materials we use in our packaging.

We use 100% recycled paperboard.

RECYCLED
Packaging made from recycled material
FSC® C005506

PLEASE HELP US IN OUR MISSION;
RECYCLE THIS BOX & BOTTLE AFTER USE.

Country Life

CORE Daily-1
MULTIVITAMINS

1 DAILY WOMEN 50+
Certified Gluten-Free

One Tablet includes:

- 200+ mg of Women's Health Blend
- Over 30 Raw Whole Foods
- "Coenzymated" B Vitamins for Energy**
- AND Probiotics, Digestive Enzymes, and Aloe

Dietary Supplement 60 Tablets 2 Month Supply

— Our PLEDGE of INTEGRITY —
EFFORTLESSLY REPRODUCIBLE, PREVENTION, CONSISTENCY & ACCURACY

Supplement Facts

Serving Size 1 tablet

Amount Per Serving % Daily Value

Vitamin A (as beta carotene, natural mixed carotenoids) 2,500 I.U. 50%

Vitamin C (as ascorbic acid, amla extract) 100 mg 167%

acornia berry extract

Vitamin D (as (E, Z) cholecalciferol) 800 I.U. 200%

Vitamin E (as d-alpha tocopheryl acid succinate) 50 I.U. 167%

Vitamin K (as phytylphosphatide (K1), menaquinone (K2)) 81 mcg 101%

Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine coenzyme (thiamine)) 5 mg 333%

Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate) 5 mg 294%

Niacin (as niacin hexanoate) 20 mg 100%

Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate) 5 mg 250%

Folic Acid 400 mcg 100%

Vitamin B12 (as cyanocobalamin, methylcobalamin) 500 mcg 8,333%

Biotin (as d-Biotin) 300 mcg 100%

Pantothenic Acid (as calcium D-pantothenate, panthenol) 25 mg 26%

Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium D-pantothenate, calcium fructoborate) 220 mg 22%

Phosphorus (as calcium hydroxyapatite) 102 mg 10%

Magnesium (as magnesium oxide, chelate) 100 mg 25%

Zinc (as zinc monomethionine) 5 mg 33%

Selenium (as selenomethionine) 70 mcg 100%

Copper (as copper amino acid chelate (rice based)) 0.9 mg 45%

Manganese (as manganese amino acid chelate (rice based)) 2 mg 100%

Chromium (as chromium picolinate) 50 mcg 42%

Molybdenum (as molybdenum amino acid chelate (rice based)) 25 mcg 33%

Potassium (as potassium citrate) 10 mg <1%

Proprietary Women's Health Blend: 200 mg

Cranberry Plus Blend:

Organic Cranberry, VitaBerry® Plus Fruit Blend (Dried Seed Extract, Wild Blueberry, Wild Elderberry, Cranberry, Tart Cherry, Raspberry Seed, Strawberry, Raspberry from polydiphenyl capsaicin (red), Quercetin (from asphora japonica (millet/flower), Pomaragrate Concentrate, Elagic Acid (from punica granatum (pomegranate)), Calcium fructoborate (FruiteX® B1) (providing 2 mg Biotin))

Fermented Organic Whole Food Blend:

Organic Whole Vegetables (organic kale, organic pumpkin, organic red radish sprout, organic broccoli sprout, organic dill, organic collard sprout, organic spinach, organic bean, organic broccoli, organic pea)

Organic Whole Fruit (organic cranberry, organic acai, organic blueberry, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic pomegranate, organic banana, organic mango)

Organic Whole Legumes and Grains (organic actual bean, organic lentil bean, organic quinoa sprout powder, organic millet sprout)

Organic Super Foods (organic ginger, organic chlorella, organic spirulina)

Organic Rice (ACTivaBee®) (100% inner fillet of leaf)