



Slim 7

Dietary Supplement



120 tablets

SWANSON

BEST WEIGHT-CONTROL FORMULAS

• DO NOT USE IF SEAL IS BROKEN • STORE IN A COOL, DRY PLACE • KEEP OUT OF REACH OF CHILDREN

SUGGESTED USE: As a dietary supplement, take two tablets three times per day with water.
WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A USP (as retinyl palmitate)	1,667 IU.....	33%
Vitamin C USP (as ascorbic acid)	20 mg.....	33%
Vitamin E USP (as d-alpha tocopheryl succinate)	10 IU.....	33%
Riboflavin USP (vitamin B-2)	0.6 mg.....	35%
Niacin USP	7 mg.....	35%
Vitamin B-6 USP (as pyridoxine HCl)	0.7 mg.....	35%
Folic Acid USP	140 mcg.....	35%
Vitamin B-12 USP (as cyanocobalamin)	2 mcg.....	33%
Biotin USP	100 mcg.....	33%
Iodine (from kelp)	50 mcg.....	33%
Selenium (as selenomethionine)	16.6 mcg.....	24%
Chromium (from Chromax® Chromium Picolinate)	100 mcg.....	83%
Potassium (from potassium gluconate)	8 mg.....	<1%

(-)-Hydroxy citric Acid [from 500 mg CitriMax® (Garcinia cambogia fruit extract)], 250 mg*;
Proprietary Blend of 72 Trace Minerals, 200 mg*; L-Carnitine (as tartrate), 100 mg*; Choline (from choline bitartrate), 67 mg*;
Green Tea Extract (20% polyphenols), 50 mg*;
Kola Nut Extract (10% caffeine), 50 mg*;
Capsicum, 33.3 mg*;
Chitosan (from shellfish), 33.4 mg*;
Ginger (root), 33.4 mg*;
Inositol, 33.4 mg*;
Spirulina, 33.3 mg*;
Betaine HCl, 8 mg*

*Daily Value not established.

Other ingredients: Calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate, croscarmellose sodium, silica, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

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