Warning: Do not use this product if you are pregnant, nursing, attempting to become pregnant or under the age of 12. Do not use when abdominal pain, nausea or vomiting are present. Do not exceed the recommended dose, or take longer than the recommended period as frequent or prolonged use may result in dependence. Consult your healthcare professional if you notice a sudden change in bowel habits that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult your healthcare professional. This product contains slippery elm, and should not be taken with prescription drugs as it may interfere with their absorption. If you are nursing or have diabetes, consult your healthcare professional prior to use.

For more information, please visit integrativepro.com.

Contains no sugar, yeast, wheat, gluten, dairy products, artificial colors, flavors, preservatives or ingredients of animal origin.

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GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

INTEGRATIVE THERAPEUTICS®

LAXATIVE FORMULA

35 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 tablets — Servings per container 11

Amount per 3 tablets		%DV
Calories	10	
Total Carbohydrate	1 g	<1%†
Dietary Fiber	1 g	4%†
Sodium	10 mg	<1%†
Magnesium Hydroxide	2.6 g	**
Proprietary Mucilage Blend: marshmallow (*Althaea officinalis*) root extract, slippery elm (*Ulmus rubra*) bark and fenugreek (*Trigonella foenum-graecum*) seed extract	650 mg	**
Burdock (*Arctium lappa*) Root Extract	300 mg	**
Proprietary Soothing Blend: fennel (*Foeniculum vulgare*) seed, ginger (*Zingiber officinale*) rhizome extract and peppermint (*Mentha x piperita*) leaf	150 mg	**
Red Clover (*Trifolium pratense*) Blossom Extract	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium carboxymethyl cellulose, hydroxypropyl methylcellulose, magnesium stearate, glycerin, silicon dioxide, soy lecithin

Contains soy.

Recommendation: Day 1 through day 7: Take 3 tablets at bedtime with 8 ounces of water. **Day 8 through day 14:** Take 2 tablets at bedtime with 8 ounces of water, or as recommended by your healthcare professional. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.